



## CANTEEN

Woolgoolga High School has a Canteen where you can buy fresh food mostly made on the premises. You can buy salads, pies, sausage rolls, fresh daily sandwiches, fruit, milk, fruit juice and our menu options to be ordered.

Please place your order for Break 1 and Break 2 before 10.00 am

Break 1 – 11.10am We encourage hot foods and sandwiches at this time to fill students up

Break 2 – 1.40 pm Minimal hot food is available, so we encourage you to ORDER

Open Daily 8.30am – 2.30 pm    Wednesday (Sports Day) 8.30am – 1.30pm

<b>DRINKS milkshakes and thickshakes need to be ordered at breaks - chocolate, caramel</b>			
Milkshakes	\$4.20	Thickshakes	\$4.20
500ml flavoured milk	\$4.20	300ml flavoured milk	\$3.20
Water	\$2.00	Popper juice cartons	\$2.00
Light ice tea	\$3.50	Bundy flavoured juice	\$3.20
<b>SANDWICHES</b>			
BLAT - garlic aioli	\$5.00	BLT - garlic aioli	\$5.00
Chicken salad - mayo dressing	\$5.00	CLAM - mayo dressing	\$5.00
CLM – mayo dressing	\$5.00	Cheese salad – basil pesto	\$5.00
Ham salad – seeded mustard	\$5.00	Extras – cheese, avocado, tomato, beetroot, cucumber etc.	50c
<b>FROZEN TREATS</b>			
Quelch stick	80c	Smooze	\$1.50
Frozen juice cup	\$1.00	Seasonal frozen fruit	50c
Moosie	\$1.50		
<b>WRAPS &amp; ROLLS</b>			
Caesar salad – lettuce, bacon, parmesan cheese, egg, croutons & Caesar dressing	\$6.00	Chicken Caesar salad (with chicken)	\$7.00
Chicken, ham or cheese Salad	\$6.00	Plain salad	\$5.00
Bacon & Egg Roll	\$4.50	If you wish to order a different combination or would like any of the wraps & rolls toasted please see our canteen team.	



<b>HOT FOOD</b>			
Beef Nachos or veggie option	\$5.50	Chicken curry and rice or veggie option	\$5.50
Chicken burrito or veggie option	\$5.50	Lasagna and salad	\$7.00
Chicken, beef or veggie burger	\$5.50	Beef sausage roll	\$3.20
Gourmet sausage rolls: spinach and feta, chicken cheese and chive, pumpkin and spinach	\$3.50	Sweet potato or potato chips (with aioli, gravy, or sauce)	\$3.50
Pies: plain	\$4.00	Gourmet pies: potato top, cheese and bacon, chicken mornay, chicken curry, vegetable mornay	\$4.20
Tomato and BBQ sauce	50c	Naan bread	\$1.00
We can cater for Vegetarian and Gluten Free – please see our Canteen Team			
<b>SNACKS</b>			
Toasted cheese sandwich	\$1.50	Toasted ham & cheese	\$2.00
Toasted ham, cheese and tomato	\$3.00	Garlic slice made on Turkish	\$1.00
Veggie chips	\$2.00	Red Rock Sea Salt chips	\$2.20
Red licorice	\$1.00	Curly Wurly	\$1.00
Jelly cups	50c		
All snacks are subject to time permitting on the day and availability of stock			
<b>SALAD BOWLS</b>			
Chicken Caesar salad	\$7.00	Chicken, ham, tuna or egg	\$6.00
Garden salad	\$5.00		
Dressings available – garlic aioli, basil pesto, Caesar, grain mustard, Italian and mayo			

Volunteers are always welcome any time of the day to join our team. Most of the help is needed from 9am to 11am for daily prep and cooking. Longer periods would also be appreciated. Working in the canteen helps parents/caregivers to be active members of the school community.

Please ask your parents/carers to call in and see us if they would like to volunteer.

Di Della  
Canteen Manager