

WOOLGOOLGA HIGH SCHOOL CANTEEN MENU TERM 4 2014

(Be sure to order before school to ensure that you don't miss out or if you have a special request)

SNACKS	PRICE
Savoury muffin	\$ 1.50
Sweet Muffin	\$ 1.50
Fruit salad	\$ 2.50
Fruit salad & yoghurt	\$ 3.00
Homemade cake per slice	\$ 1.50
Assorted chips/snacks	\$ 1.00
Jelly cups	\$ 0.50
Frozen fruit	\$ 0.60
Biscuits & cheese	\$ 2.00
600ml custard	\$ 2.80

SANDWICHES	PRICE
Ham	\$ 2.80
Ham & cheese	\$ 3.20
Ham, cheese & tomato	\$ 3.60
Ham & salad (ham, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.00
Chicken	\$ 2.80
Chicken, cheese, lettuce & mayo	\$ 3.60
Chicken, lettuce, avo & mayo	\$ 3.80
Chicken, cheese & lettuce	\$ 3.60
Chicken & Avo	\$ 3.30
Chicken salad (chicken, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.00
Egg	\$ 2.30
Egg & lettuce	\$ 2.80
Curried egg	\$ 2.30
Salad	\$ 3.50
Cheese & salad (cheese, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.00
All other sandwiches from <i>(must be ordered before school starts)</i>	\$ 2.80

ROLLS	PRICE
Ham & salad (ham, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.80
Chicken & salad (chicken, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.80
Cheese & salad (cheese, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.80
Salad (lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.30
All other rolls from <i>(must be ordered before school starts)</i>	\$ 3.80

WRAPS	PRICE
Chicken & salad (chicken, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.80
Ham & salad (ham, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.80
Cheese & salad (cheese, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.80
Salad (lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.30
All other wraps from <i>(must be ordered before school starts)</i>	\$ 4.00

GOURMET WRAPS	PRICE
Chicken Caesar (chicken, bacon, egg, parmesan cheese, lettuce, Caesar dressing)	\$ 5.20
Tropicana (can be toasted) (chicken, bacon, shallots, pineapple, cheese, sweet chilli sauce, sour cream)	\$ 5.20
Ham & Cheese (can be toasted) (baby spinach, tomato, red onion, ham, cream cheese, avo & wholegrain mustard)	\$ 5.20
Vegetarian (can be toasted) (roasted vegetables, tomato, shallots, feta, olives & baby spinach)	\$ 5.20

SALAD BOWLS	PRICE
Garden salad w/ dressing (lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 4.20
Garden salad w/ chicken or ham (ham or chicken, lettuce, tomato, onion, beetroot, carrot, cucumber & sprouts)	\$ 5.00
Caesar Salad (lettuce, bacon, egg, parmesan cheese, croutons & Caesar dressing)	\$ 4.50
Chicken Caesar salad (lettuce, bacon, egg, parmesan cheese, croutons, chicken & Caesar dressing)	\$ 5.00
Greek salad (lettuce, cucumber, feta, olives, tomato, red onion, capsicum & Greek dressing)	\$ 4.50
Salad of the Week <i>(must be ordered before school starts)</i>	\$ 4.50

HOT FOOD	PRICE
Sausage roll	\$ 2.50
All pies <i>Check board for flavours</i>	\$ 3.50
Spinach & cheese roll	\$ 3.20
All quiches <i>Check board for flavours</i>	\$ 3.50
Toasted s/w <i>Must be ordered</i>	From \$ 2.00
Sauce & extra dressings	\$ 0.30

CHECK SPECIALS BOARD FOR HOT MEALS OF THE DAY

**FROM
\$ 3.00**

WOOLGOOLGA HIGH SCHOOL CANTEEN DRINKS MENU 2014

(Be sure to order before school to ensure that you don't miss out or if you have a special request)

Small juice \$ 1.60

(orange, orange & passionfruit, apple, apple & blackcurrant)

Large juice \$ 2.80

(orange, apple, apple & blackcurrant)

Water \$ 1.50

Flavoured water \$ 2.50

(lemonade, raspberry, blackcurrant)

Iced Tea \$ 3.20

(mango, lemon)

Plain Milk \$ 2.10

Small flavoured milk \$ 2.80

(chocolate, strawberry)

Large flavoured milk \$ 3.80

(chocolate, iced coffee, strawberry, banana, vanilla malt)

Tornado Shake \$ 3.80

Smoothies \$ 3.80

(mixed berry, banana, mango)

(limited amount available)

MUST BE ORDERED PRIOR TO BREAK

Milkshakes \$ 3.50

(chocolate, caramel, vanilla, strawberry)

Thickshakes \$ 3.80

(chocolate, caramel, vanilla, strawberry)

(extra flavouring and/or malt add 50c each)

Smoothies \$ 3.80

(banana, mango, mixed berry)

(add 50c for extra flavour)

Hot chocolate \$3.50

Chai \$ 3.50

SENIOR STUDENTS & TEACHERS ONLY

Cappuccino \$ 3.50

Flat white \$ 3.50

Latte \$ 3.50

Black coffee \$ 2.50

Mocha \$ 4.00

Tea \$ 2.50

(decaf, soy & lite milk available)