GOOD NEWS WEEK

Woolgoolga High School 2 November 2012 Issue No. 18





As the Higher School Certificate exams drew to a close last week, there will be particular cause for great pride and satisfaction for one Year 12 student at Woolgoolga High School. Banwoch Gora will celebrate a very significant milestone in her remarkable journey from war ravaged Ethiopia. After spending five years in Dadaab refugee camp in Kenya, she arrived with her family in Woolgoolga. She enrolled at Woolgoolga High School in 2010 with limited English skills, but has demonstrated her resilience and quiet determination to achieve success. She has done this through hard work and perseverance. As many students do, Banwoch also lived as an independent student in the community and supported herself working at Woolgoolga Bowling Club during the week and at weekends. Her goal is to attend university to study nursing in the future.

Since arriving, Banwoch has reflected the spirit of our school motto "Success Crowns Effort" in her school work,

her friendships and her everyday attitude to life. She has been a true example of triumph over adversity and has set an example for students from similar backgrounds that anything is possible. The whole school community congratulates Banwoch on her achievements and her contribution to Woolgoolga High School over the past two and a half years.

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Web address: www.woolgoolga-h.schools.nsw.edu.au E-mail: woolgoolga-h.school@det.nsw.edu.au

From the Principal's Desk

Last Saturday was the Year 12 formal and the night was one to remember. The finishing touches that Year 12 adviser Kerrie Hall provided helped make the night unforgettable. Many staff and parents commented on the night that Woolgoolga High builds a very special bond with its students. This fine group of students will clearly become the leaders of the future. It was evident that most of the Year 12 students saw Kerrie Hall as a second mother, who had nurtured them for the past six years to become fine young adults. On behalf of all the staff at Woolgoolga High I wish Year 12, 2012 all the best in the future.

The creative Expo was held last Friday night and a large crowd gathered to celebrate and be amazed at the creative talent that emanated from the school this year. The music was outstanding, the finest coffee and food was served by our hospitality students and this set the scene for all to appreciate the major projects that have been created by our HSC students. The art work was exceptional, as was the woodwork, metalwork and the textile creations. Congratulations to all students and teachers for those



many extra hours of work. I am certain there will be many band 6 results this year in these subjects. Thank you to the P&C for their work on the night.

Woolgoolga High School continues to lead the way across NSW schools in dealing with bullying behaviours. On Saturday 3rd November, staff and students participated in an event that focussed on bullying. Titled "Grabbing Bullying by the Horns" Toormina High School hosted an event which attracted medical, academic, educational leaders, classroom teachers, principals, parents and students from across the region. Dr Michael Carr-Gregg arrived from Melbourne University and led the event. Michael is a well known leader in the field of bullying, he is an *Adolescent Psychologist* and often appears on the "Sunrise program". The audience of over 100, appreciated our vice-captain Lockie Gould's contributions to the conference. He was part of a panel of experts that included Michael Carr-Gregg. Lockie answered many difficult questions and later had an opportunity to share some of Woolgoolga High's successes with tackling bullying. Our SMILE (Support, Mentor, Inspire, Listen and Encourage) program was one of the highlights of the conference, and after Lockie's presentation, he received a resounding applause, with many of the medical, academic and school leaders asking for more information on the ground breaking program. Leaders from Southern Cross University are keen to evaluate the program at Woolgoolga High and many other schools are now keen to implement similar peer mentoring programs.

Sometimes we miss the big picture of what happens in our schools. Increasingly it is becoming easier to go to university. ATAR's are still a prime focus of schools and that illustrious mark at the end of Year 12 remains the paramount tool for evaluating performance of a school. Woolgoolga High does achieve outstanding results at the HSC. I addressed yesterday, the 2013 SMILE program mentors- these volunteers spent yesterday with a small team of dedicated staff led by Mr Cook in the library. This day is the first day of training for their mentoring roles in 2013. I see programs of this calibre in comprehensive high schools deliver not only quality outcomes and support for troubled students, but the program is equally important in the development of leadership skills in the Year 11 and 12 mentors. The thirty-five mentors will develop leadership skills that will set them up for a successful life, long after they leave school. No matter what path they take in the future, they will have developed significant skills in public speaking, speaking in a group, compassion, focus, time management and leadership. One of the exercises yesterday was to talk about why they wanted to help other students. The stories of hardship and challenges, that these mentors had already faced throughout their short lives, were freely shared in the group and this helped build a team with a focussed purpose. The communication skills and team building skills that will be developed in this leadership role will prove invaluable in future careers. The ability to understand others and how to work with others is a skill that many adults never attain.

One big advantage of an education in a 7-12 comprehensive school is the opportunity to develop high level leadership skills. We develop these skills in many activities like the SRC, our prefects, our captains and now our SMILE team.

Some students are coming to school out of uniform. Please ensure that your child comes to school in full school uniform. We do not want conflict from the start of the day. All teachers have been asked to query students who are not wearing school uniform. Make sure that your child has a note if they have a significant reason for not wearing full school uniform. Any families having difficulty in purchasing school uniform, please contact the front office and we will provide assistance. Our whole school community wants all of our students to wear the full school uniform.

Until next time

Guy Wright

Principal

Woolgoolga High School P & C Fundraiser Woopi Chat 'n' Scrap

SATURDAY 17 NOVEMBER

9am to 9pm

Woolgoolga High School Library

\$25 pp includes morning and afternoon tea and dinner (BYO lunch)

Bring your own tools, projects & lunch, a craft shop
will be available on the day as well as buy swap & trade table,
see demos & learn new techniques. Raffles throughout the day with
lots of fantastic prizes.

All funds raised go to Woolgoolga High School P & C

Bookings essential: Phone Pam 0431220139 or Cheryl 0432697277 or

email woopichatnscrap@gmail.com

Donations of good quality items for our raffles would be greatly appreciated. They can be dropped of at the office or canteen clearly labelled Chat'n'Scrap.



Congratulations to Kalani Brinkmeier (Yr 11), Anuroop Grewal (Yr 11) and Raman Phoonie (Yr 7) who have all been selected in the Mid North Coast open cricket team. The boys will travel to Grafton to compete at the North Coast trials in Grafton on 20th & 21st of November, 2012. Good Luck!

A Woolgoolga High School Tie is now available for purchase at the onsite uniform shop at a cost of \$16.



This has previously been approved through the community consultation process and is offered as an additional (and optional) part of the uniform.

Donations of school uniforms

Clean preloved
uniforms are
gratefully accepted
at the Front Office
for our
student clothing
pool

IMPORTANT COMING EVENTS

Every Monday Night	Woolgoolga High School P&C 'Cash Bingo' 6pm at Woolgoolga RSL Club	
Sat 17 Nov	Woopi Chat 'n' Scrap Santa Photos	
Mon 26 - Fri 30 Nov		
Wed 28 Nov	Term 4 Disco	
Tues 18 Dec	Presentation Day	
Wed 19 Dec	Last Day of Term	

Secondary Student Transport Concession Cards

This concession allows students over 15 years of age to travel at HALF FARE ON ALL COUNTRYLINK RAIL AND COACH SERVICES. Even if a student does not have the concession card, they can travel on COUNTRYLINK services at a 15% discount using their school student identification card. Students 15 years of age and under always travel at half fare. To organise a concession card students need to see the front office in Break 1 or 2.



with CountryLink's student rail & coach fares

Top reasons why CountryLink is the only way to go:

- The luxury of time to catch up on study, read a novel, or listen to your iPod
- Access to creature comforts any time of the day or night like clean toilets and a buffet with a variety of food and drinks so you arrive relaxed and refreshed
- Room to move with our reclining seats which have plenty of leg room and you can get up and walk around anytime you like



Please ensure you have your NSW Government-issued Senior Secondary Student Concession Card (for students aged 16, 17, 18) when booking your journey.

Please note Student ID cards issued by schools are not accepted for concessional travel. Coffs Harbour
to
Sydney
\$47.27

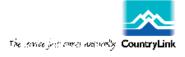
Coffs Harbour
to
Brisbane
\$42.08

Coffs Harbour
to
Broadmeadow
\$39.20

Coffs Harbour
to
Byron Bay
\$24.79

* Conditions apply. Fares quoted are one-way economy and subject to change without notice

Coffs Harbour CountryLink Travel Centre ph (02) 6648 3700 or call 13 22 32 or visit www.countrylink.info



Indigenous History

Earlier this term, Aunty Marg Lardner spoke to Year 10 History classes about her life experiences. The students had been studying assimilation and other aspects of Aboriginal history from last century. The classes had watched "Rabbitproof Fence" prior to the talks and this and other work consolidated student knowledge about the Stolen Generation. Students were overwhelmed by Aunty Marg's life story and her and her siblings' experiences.





Congratulations

To all those Year 8 students who sat the ESSA (Essential Secondary Science Assessment) test on Tuesday.

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Captains attend Year 12 Formal





2013 Captains, Keely Owen and Emmanuel Tan (left) and Vice Captains, Joshua McBrien and Anika Morgan (right) at the 2012 Year 12 Formal last Saturday night. With all four students ready to reign, it was the official 'changing of the guard'. They are looking forward to representing their fellow students but for one night were ready to 'glam it up'!

Please check your 'school years' section of the WHS website for excursion notes and general updates.

Premier's Reading Challenge

Throughout 2012 35 Years 7-9 students completed the Premier's Reading Challenge with several students receiving their Gold Award from the NSW Premier for completing 4 years in a row. More remarkably 333 students in Years 7-9 participated in the challenge this year at WHS. A Principal's morning tea was held last Wednesday, to celebrate this fantastic accomplishment.



The following students made up the 35:

Year 7 Angus Anderson, Ryan Birchall, Milly Carr, Salina Chahal, Cooper-John Conway, Justin Cleveland, Lillian Tabacco, Jeremiah Francis, Amy Garrett, Lizzie Hart, Bree Henderson-Smith, Liam Jones, Skye Lacy, Samantha Sadlier, Parveen Singh, Kaine Stoneham

Year 8 Matthew Alford, Jack Fogarty, Jordon Henderson-Smith, Bianca McNeill, Tamika Mullard, Candice North, Peter Philip Peters, Symantha Simson, Brooke Wilson

Year 9 Bethany Atkins, Ossian Barker, Pippa Bond, Charlotte Chaffe, Jackson Della, Cheyenne Hart, Susan Pietrzykowski, Jeremy Rush, Jazmine Wilson, Madeline Wouters

The school principal Mr Guy Wright addressed both the assembly and the students as a group about the importance of literacy and how it is the foundation for success - "For getting the good job, the big car and the big house".

Due to student demand the Premier's Reading Challenge at Woolgoolga High School will be extended (at a local level) to include Year 10 students. Such involvement in these activities are highly sought after, and associated certificates are often included in School Medallion portfolios at the end of Year 12.

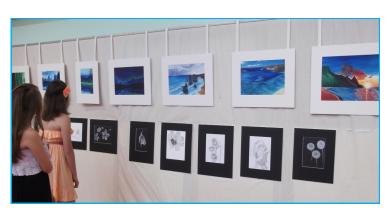
Good luck for the PRC in 2013 and happy reading!



CREATIVE EXPO

Hospitality VET students, Danielle and Reece, take some time out to discuss correct beverage serving procedure with teacher, Ms Tracey Wilks

Early-comers take a look at the wonderful artwork on offer at the Creative Expo last Friday night





Members of the school community were also entertained, not only by the immense wealth of talent on exhibition, but also by Year 9, 10 and 11 Music students, accompanied by teacher, Mr Gareth Berglund

Year 11 Hospitality
VET and Year 10
Food Technology
students did an
exceptional job at
the Creative Expo—
creating their own
works of art in all
aspects of food and
beverage
production.



They are accompanied by teachers, Ms Tracey Wilks and Ms Alex Sutherland.

Yeah!! We got a Term 4 Disco! Wednesday 28th November (Week 8)

Fundraising sausage sizzle from 6:00pm on the office lawn, with the disco commencing at 6:30pm.

Theme is 'Black, White and Neon' (blacklight will be used to make the effect)

Lollies, chips and soft drink will be available for purchase. See display poster for pricing.

No late arrivals will be admitted after 6:40pm - no refunds will be given on these grounds.

Security is provided at this function.

No tickets can be purchased on the night.

Tickets will be sold Tuesday and Wednesday only!

Prices:

Commendation, Bronze, Silver = \$5 Gold = \$2

Double Gold = nil

Parent pickup time 9:30pm from the hall For more details see the school website.



It's that time of year again! Santa **Photos**

In the front area of the Library—Week 8 (Mon 26 — Fri 30 Nov)

Up to eight students or family members per photo.

Come visit with Santa's helper and get your photo taken with your friends or family. After school portraits can also be arranged with Mrs Hart.

Christmas accessories are supplied (if needed).

Fundraiser for Year 12.

Bring your money when you get your photo taken.

\$3 each (or 2 for \$5) and \$8 each (or 2 for \$15).



Fact Sheet 7

Alcohol, Illegal Drugs, Driving and Roadside Testing

Driving under the influence of alcohol and/or drugs impairs driving skills. A zero blood alcohol limit applies to all L, P1 and P2 licence holders. This means NO ALCOHOL before driving.

Any driver, motorcycle rider or supervising licence holder may be required to undertake roadside testing for the presence of alcohol and/or illicit drugs. Roadside drug testing will detect the following three illicit drugs:

Delta-9-tetrahydrocannabinol (THC), the active component of cannabis.

Methylamphetamine ('ice', 'speed', 'crystal meth' 'base' etc).

Methylenedioxymethylamphetamine (MDMA or 'ecstasy').

Driving after using cannabis results in longer reaction times, alters distance and time perception, lowers concentration, coordination, alertness and ability to react, and narrows or blurs vision.

Driving after using stimulants such as ecstasy and speed/ice increases risk taking and aggressive driving, causes loss of concentration and blurred or limited vision. The effects of cannabis, ecstasy and speed can last and be detected up to 24 hours after use. Combining drugs or taking drugs with alcohol increases impairment and risks.

Of those who reported driving on drugs, the most common drug was cannabis at 81 per cent followed by ecstasy at 13 per cent and speed at 10 per cent.

Suggestions for parents

Familiarise yourself with how drug education is being taught in your young person's school.

Keep up to date with the latest information on cannabis and other drugs and their effects, so you can have a credible conversation with the young person in your care.

Remind your young person to only travel with a sober and responsible driver who is not under the influence of alcohol or drugs. Discuss how they are getting home.

Use TV reports, anti-drug commercials, school discussions about drugs, or a website to help you introduce the subject in a natural, unforced way.

Resources:

- www.rta.nsw.aov.au and www.aeared.nsw.aov.au
- www.drugsdriving.adf.org.au
- www.ndarc.med.unsw.edu.au Follow links to Drug Information: Fact Sheets
- www.ncpic.org.gu
- www.youthsafe.ora
- www.yourroom.com.au

For more information about the RRISK program and drug use, risk taking, visit www.rrisk.com.au

Fact Sheet 7:

Driving Test and Provisional Driver Restrictions as of July 1, 2007

A summary of the changes to the driving test and provisional driver restrictions are highlighted below. Please contact the RTA on: 13 22 13 if you require more detailed information.

- Increase to the mandatory period of supervised driving for Learner drivers from 50-120 hours
- All Learner Driver's required to have their L plates for a minimum of one year before they apply for their P plate licence.
- All mobile phone use will be banned for P1 drivers; this includes hands free kits, Bluetooth accessories and the loud speaker function.
- L and P plates will have to be displayed on the exterior of cars.
- P1 drivers will only be able to carry one passenger under the age of 21 between 11pm-5am. Exemptions will apply for P1 drivers with work commitments, those who need to carry family members, those engaged in community work such as the Rural Fire Service, older P1 drivers aged 25 years and over and in emergency situations.
- P1 drivers caught speeding will automatically lose their licence for at least three months.

Visit rrisk.com.au for other helpful tips.



Creative Expo 2012

The Creative Expo run in conjunction with Woolgoolga High School's P & C this year was a huge success. Held in the Visual Arts Block and the Quadrangle outside guests were treated to delicious food, coffee and some great acoustic music.











It showcased the talents of our Year 12 students in the Visual Arts, Industrial Arts, Music, Textiles and Design and Hospitality. The quality of the major projects this year was outstanding from all faculties.















We had an excellent turn out for the night and it gave Year 12 parents the opportunity to view their children's many talents and hear all the positive feedback.





















We would like to congratulate all the students who were a part of the 2012 Creative Expo and wish our graduating students the very best of luck in their future journey.

Positive Awards

Double Gold

Lexie Hennessy Lawrie Pugh Jasmine Thorpe

Gold

Steven Adams
Bonnie Birchall
Emma Cahill
Meisa Elsair
Aiden Lamont
Patrick Mullan
Benjamin Paynter
Brodie Pitsis
Jarrod Sadler
Jacinta Smithers
Tashana Vines

Silver

Amy Garrett
Jonathon Gusman
Ryan Matthews
Lockie Park-Harris
Allyce Smith

Bronze

Michael Chetwood
Justin Cleveland
Joel Jenkin
Tanisha Lalli
Margaret Salumu
Izack Smidt
Jack Thompson
Kirsten Woolsey

Eagle Boys Pizza/McDonalds/Pizza Place Sponsors of Silver Awards

EFTPOS Facilities for credit/debit card transactions are now available for making payments at the school office. There is no cash out facility. The office is open for students to make payments before school and during Break 1.



Issue No. 18

Reminder to senior students:

- * When driving to and from school you will need to complete the **'Conditions for Application for Student Drivers'** form. This can be obtained from your year Deputy Principal.
- * All senior students are to remain on school premises for the **entire day**. Those wishing to leave at recess or lunch time **will need prior permission.**
- * **Flexible leave passes** are for students who have no timetabled classes for the beginning or end of the school day. Applications are available from your Deputy Principal.
- * All senior students with unscheduled classes are expected to study in the 'Senior Area' in the Library.

A reminder to students that the placing of game files on the Department systems can result in the loss of all computer privileges.



22
52
3

MONDAY 19 NOVEMBER	TUESDAY 20 NOVEMBER	WEDNESDAY 21 NOVEMBER	THURSDAY 22 NOVEMBER	FRIDAY 23 NOVEMBER
Judy Simpson	Sharon Wilcox	Need Volunteer	Need Volunteer	Need Volunteer
Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
26 NOVEMBER	27 NOVEMBER	28 NOVEMBER	29 NOVEMBER	30 NOVEMBER
Amanda Williams	Need Volunteer	Need Volunteer	Need Volunteer	Justine Bonney
Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer

Contact Kerri Green 6649 2303 or 6654 1500

If possible, please arrange a swap if you are unavailable on your rostered day CANTEEN HOURS MON/TUE/THUR/FRI 11am to 2.15pm WEDNESDAY 11am to 1.15pm

Student Reminder

If you are 16 years or older you can obtain your Senior Secondary Student NSW Transport Concession Card (Form 202) from the school office. This enables you to purchase child rate fare on Country Link Services.

WOOLGOOLGA HIGH SCHOOL P&C FUNDRAISER

"CASH BINGO"

Woolgoolga RSL every Monday night

Session 1: Eyes down at 6 pm with \$50 JACKPOT Session 2: Eyes down at 7.15 with \$500 JACKPOT

ALL prizes are CASH

COST for both sessions \$20 or \$10 per session STUDENTS WELCOME



Instructor: Phil Hannaford 0409135735

To book call 1300 696 762



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BAGS ARE STRICTLY PROHIBITED IN THE SCHOOL LIBRARY



DUE TO SECURITY REASONS

Please avoid awkward situations by abiding by this rule

Library Staff

Students' Photographs

There are many occasions where we would like to publish photographs of students involved in various school activities, including reports for the local papers, school newsletters, and the annual report and on our school website.



If you do not wish your child's photograph to be used for these purposes, please notify the school in writing.

Free Maths tutoring for Year 10 students available with Mrs Young on Monday after school till 4pm



A REMINDER TO STUDENTS THAT YOU ARE NOT PERMITTED TO PLAY GAMES ON LIBRARY COMPUTERS

PARENT/CARER ALERT

There has been a report of a highly infectious disease called

Scabies ("The Itch") in our school community.

The usual time between infection and illness is several days, sometimes even weeks.

Symptoms and signs include severe itchiness continuing for days or even weeks and becoming worse at night. The itching is caused by a tiny mite which burrows under the skin. Warm parts of the body such as wrists, armpits, elbows, back of shoulders, buttocks, groin and around the genitals are most affected. Scratch marks and sometimes tracks showing the line of the 'burrow' are seen on the skin. Secondary infection may cause pus-filled sores, very like impetigo ("scabby sores"), where the affected areas have been scratched.

Please keep your child at home if they show signs of these symptoms.

Issue No. 17

COMMUNITY NOTICE

DORRIGO SHOW

Fun Run

From North Dorrigo to the Dorrigo Showground



Dorrigo Challenge 13km -start 8.30 am

Traditional 6.5km - start 8.45 am

Walkers 6.5km - start 9am

8 yrs & under runners 1.5km - start

9.30 am (starting at Summit Close)

Entry: Adults 18 & over \$12.00 Junior 17 & under \$ 8.00

Entry includes admission to Dorrigo Show
Entry forms available at start

All entrants must sign a waiver form. Junior entrants must have a parent signature.

Please arrive early

Free Bus to Start leaves show ground at 8am

Fun Prizes to be won

Sunday 25th November 2012

Contact: Kellie Cochran on 0266 574006, 0429808455

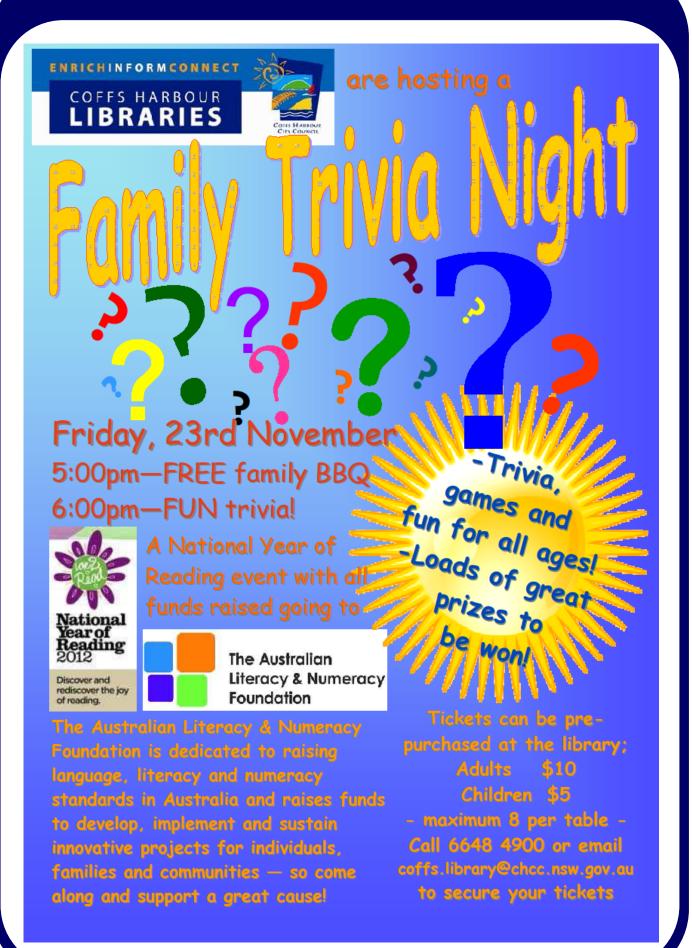
Issue No. 17



The Corindi School of Dance is presenting the Annual Concert

"CAN YOU FEEL IT"

2 shows on Friday 30th November at Cex Club Coffs Harbour at 10.15 am & 6.30 pm. Students will be showcasing their talent performing a variety of entertainment including a 25 minute drama production. The Creative Expressive team will be strutting their stuff with combined singing, dancing & acting and a video of dance art will be displayed on big screens with our seniors performing a spectacular routine. Loads more entertainment for the whole family to enjoy. Any further enquiries please phone 0409 768182 or visit our web site on www.corindidance.com



UNIFORM REMINDERS

- Enclosed shoes in school colours—black, white, navy, grey, blue—
 preferably leather—NOT canvas as they do not adequately ensure safety.
- Years 8-10 students are allowed to wear their sports uniform to school on Wednesday: Years 8-10 Sport will be held on Wednesday afternoon

RITCHIES COMMUNITY BENEFIT CARD PROGRAM

This program donates a percentage of the money spent by customers to their nominated club, school or charity. Many schools and charities are receiving over \$1000 every month.

By shopping at Ritchies' Coffs Harbour IGA, you can help our school and benefit students. Ritchies' Community Benefit Card saves you money and helps your favourite organisation at the same time

Woolgoolga High School Centenary Drive Woolgoolga NSW 2456

E-mail: woolgoolgah.school@det.nsw.edu.au



Leave Pass for Sport

Students and Parents are reminded that School Sport is a compulsory requirement for the R.O.S.A.

Students who cannot avoid an appointment on a Wednesday afternoon during sport time must follow the correct procedure to leave school grounds.

Students must bring a note from home and submit to Head Teacher Admin (Ms Nurm) who will be outside the deputy's office before school on Wednesday morning.

After approval for leave is granted by the Head Teacher Admin students take their note to the front office where a 'leave pass' will be given to the student stating the time they will be departing school grounds.

Students may leave school grounds at the time the 'leave pass' states.

Failing to follow the above procedure may result in your child having fractional truancy on the record and a demotion in the school welfare merit system.

We're on the Web:

www.woolgoolga-h.schools.nsw.edu.au

The WHS P & C meets on the second Tuesday of every month at 7.00pm

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Woolgoolga High School Student Information Update

Student Nar	ne:		Year:		
	Parent/Caregiver student resides with: New Residential Address:	Other Parent/Caregiver: New Residential Address:			
	New Residential Address.	new kesid	ential Address:		
- -	New Correspondence Address:	New Corre	espondence Address:		
-					
Fath	ner/Caregiver: Home	Mobile	Work		
Mot	ther/Caregiver: Home	Mobile	Work		
Oth	er Parent/Caregiver: Home	Mobile	Work		
imergency (Contacts				
. Name	Relationship	Home	Mobile		
. Name	Relationship	Home	Mobile		
E	mail Address for School Newsletter	:			
Please prov	ide updated information and return	to Woolgoolga H	ligh School Front		



