

GOOD NEWS WEEK

Deadly Days

Woolgoolga High School

21 September 2012 Issue No. 15



More photos on page 7



On 6 September 48 of Woolgoolga Highs' Indigenous students set off on a road trip to Ballina TAFE, under the watchful eyes of Jo and Kelly Hine along with Mr Degens who almost missed the amazing journey, had the Deadliest of Days.

Once the students participated in workshops such as acting and performance, film production, emergency services, art and design, music and songwriting which was the trade off for partying with the likes of Justice Crew and Kasey Donovan.

Hundreds of students from Woolgoolga to the Tweed, all dressed in identical blue T Shirts (thanks organisers, it made it interesting finding our mob at the end of the day). We all had an extremely successful and enjoyable day.



Congratulations to Gemma Hutchinson of Year 8 on attaining a Silver medal in the girls CHS Cross Country Championships in her division at the latest State carnival

Web address: www.woolgoolga-h.schools.nsw.edu.au E-mail: woolgoolga-h.school@det.nsw.edu.au

From the Principal's Desk



The end of year celebrations have been without incident and it clearly shows the degree of maturity in our senior students.

Today is Year 12's last day! I wish all of Year 12 good luck in the upcoming examinations and I am very certain that all members of Year 12, 2012 are fully prepared for their productive futures.

The end of year celebrations have been without incident and it clearly shows the degree of maturity in our senior students. I would like to personally thank our outgoing captain's Amtaaj Khatkar, Jason Bromell and vice captains Zoe Thomas and Lochlan Gould. Our prefect body has worked tirelessly throughout the year. They have been exceptional leaders of our school. Kerry Hall the Year 12 Adviser has worked very hard with the Year 12 students throughout their school life and the positive outlook of these students is in no doubt due to her nurturing work.

I had the opportunity to interview 10 of our top students last week as they applied for the School Achievement Medallion (the pinnacle of our merit system). Each applicant had to prepare a portfolio of achievements and undertake an intensive interview process. The interview panel found it too difficult to separate the top five candidates, so this year we have five recipients of this prestigious award.

The School Achievement Medallion recipients are:

Nathan Locke: 1st in 4 subjects (Chemistry, Engineering Studies 99%, English Studies and Physics); Prefect; Zone and Regional Athletics; proud Indigenous role model; peer tutor; Honeywell summer school and Rotary Auctions. Nathan plans to apply for a cadetship with BlueScope Steel and wants to be a Mechatronic Engineer (Computer driving machinery/automation/robotics).

Herjot Lehl: 1st in 3 subjects; won Honeywell Engineering summer scholarship; fundraising; role model for Indian girls; Rotary auctions, Long Tan scholarship; Prefect; Helping at Temple; Gold Premiers Volunteering Award; Maths tutoring for younger students. Herjot is planning a career in Chemical Engineering, beginning at University of Queensland.

Zoe Thomas: Vice Captain; 1st in 4 subjects (Ancient History, Advanced English, Modern History, Music 1); Woolgoolga Lions Youth of the Year 2012; MUNA (Model United Nations); Performed at all 6 concerts of excellence and often on special school

occasions, peer reading tutor. Next year Zoe plans to go to Lismore University and study a double degree in Business and Law, and will eventually work in hotel management and event management.

Claudia Bennett: 1st in Geography; Prefect; Environmental Council (school rep); Dunecare; Clean up Australia; SRC member since year 9; Smile program member; Premiers volunteer challenge; Lions Youth of the Year; MUNA (Model United Nations); Peer support; many fundraising activities; Claudia will go to the University of New England to study Environmental Science.

Lochlan Gould: Vice Captain; SMILE program driving force; Regional Director's Award; CHS softball; Culturally involved in Indigenous programs; Fundraising activities; NAIDOC Awards. Nathan will go to University of New England and study Social Science and Social Welfare. He is committed to continue to help WHS with its SMILE program.

I would also like to recognise the Year 12 students who have worked as a team to make the SMILE program a success: Lockie Gould; Claudia Bennett, Jason Bromell; Daniel Bastow; Gabby Monk; Josie Schembri and Jarryd Rigoni.

Mr Garry Baker leaves Woolgoolga High School today! He has had an outstanding career as a teacher and completing his career as Head Teacher Industrial Arts at Woolgoolga High. He is an outstanding teacher in the classroom and will be significantly missed as a leader in the school. Garry has positively influenced thousands of young person's lives during his career. We wish him well in his retirement.

Congratulations to Gemma Hutchinson of Year 8! She gained a silver medal in the CHS Cross Country Championships.

Congratulations to Mrs Flanagan's Year 9/10 Flag Footy team, who were undefeated in the round robin competition held in Coffs Harbour last week. Similarly, Mr Young's U/16 Rugby League team were undefeated in all five games... Well Done!!!

I wish all the school community a safe and happy holiday, school resumes for all students on the Monday 8th October.

Guy Wright
Principal

Flag Footy



The Year 9/10 girls' team were undefeated in the round robin competition held in Coffs Harbour this term. They then went on to take home the trophy presented to the captain, Jess Gentle, by the Titans winger Kevin Gordon.

All girls played in the right spirit of the game with the Year 8 girls making outstanding improvement by the finals. We hope to see them signing up again next year.

Mrs Flanagan

U/16s Rugby League

This team of champions turned out to be a team of champions. They were undefeated in all 5 games. Every member of the squad contributed in our victory and they certainly stepped up to the plate in the final against the more favoured Toormina outfit.

Tries were scored by Jayden McPhillips after the forwards made massive amounts of metres taking the ball out from deep inside our own half. Then shortly before half time Joel Collinson slotted over a field goal from about 45 metres out. It was a screamer! The half time score was 7-6 our way.

The second half had play go from end to end. Five minutes out from full time Lachlan Buller fired a cut out pass to the flying Ben Skinner who finished off with a 20 metre sprint to the line. We held off for an 11 point to 6 win.

Titans speed machine Kevin Gordon presented the trophy to Lochy Buller who was just over the moon.

Other squad members were:- Brenden Downton, Joel Dent, Bobby Shetra, Michael Haines, Jack Stevens, Les Gillett, Karl Schweikert, Joel Collinson, Zac Donald, Ben Skinner, Jed Smith, Jaiden Wills, Chris Smith, Sloane Skinner, Tom Geyson, Joel Collinson, Lochlan Buller, Jaydon McPhillips and Matt Goldsby.

Mr Young



SASS Recognition Week Morning Tea

Well done to those unsung heroes of Woolgoolga High School: the School Administrative and Support Staff (SASS).

In the classroom:

Erica, Jo, Kelly, Kathy, Abbie, Liz, Jill, Basil, Alison

Ag Farm: *Jason*

School Grounds and services:
Alan

Library: *Fran and Lena*

Office: *Gail, Lynne, Carol, Lorraine, Tara, Pat, Jo, Katherine and Kim*

Accounts: *Roseanne*

Science: *Pam and Cheryl*

Home Economics: *Judy*

The assistance that you give the school is immeasurable and, by giving you this morning tea, we show you a small part of our level of appreciation—during the 2012 SASS Recognition Week.



YEAR 11 PDHPE EARN THEIR FIRST AID AND CPR CERTIFICATES

Year 11 PDHPE students demonstrating their First aid and CPR Skills



P & C PUBLIC SPEAKING



The P & C Public speaking was revived this year after an hiatus in 2011. A small field participated but the standard for both the Prepared and Impromptu sections was impressive.

Patrick Mullan spoke on the 'evil' of trolling on the social media like Facebook and Twitter while Lillian Tabacco lamented the damage being done to the environment, especially the negative effect such damage was doing in developing countries.

The Impromptu topic, which was "As good as it gets", posed some difficulties but both Patrick who concentrated on sport and Lillian whose approach was more general coped well.

The end result saw Patrick prevail with a superior score in the Prepared giving him sufficient buffer over Lillian whose Impromptu brought her to within one point of victory.

State Champs at Woopi High !

At yet another successful CHS athletics carnival for Woolgoolga High, medals were received by three of our sporting stars. Jordan and Nicole Gusman and Steven Adams were awarded medals on the dais for their respective events. Jordan was NSW Champion in the 800 and 1500metres (with 1.52.16 and 3.59.24) which was quite remarkable - going under the magical 2 and 4 minute marks for these events. His extremely talented sister, an supreme athlete in her own right, was awarded State Champ in her division of the High Jump competition (1.68m) and showed her all-round prowess, attaining a silver medal in the Pentathlon as well with a massive score of 3,105 points. If this was not success enough, Steven Adams (of Year 10) also showed incredible skill to gain a bronze medal in the Long Jump with his best leap of 6.44m and also came 8th in the Triple Jump final with 11.90m. All three competitors have qualified to attend the All-Schools Track and Field event later in the year.

With such a strong team representing Woolgoolga High School, there were many other notable performances, including: Shaun Macdonald 2,000metres steeplechase 7.47.23 (eighth), 1500 metres 4.50.23 (fifteenth), Jonathon Gusman 100 m and 200 m hurdles were 18.31 (12th) and 33.00 (15th), Jessica Midavaine was 10th in the Javelin (24.90m). The North Coast 4 X 400m 17+ years (boys) team came 5th in the final, which was quite an accomplishment, with Matthew Gray competing in a higher age division than normal, anchored by Jordan Gusman. As many of the awesome athletes did, Matthew competed in several events (100m, 200m, 400m, 800m) displaying the discipline needed to compete in the North Coast team in the CHS final. Many students had personal best performances at the carnival, including Matthew Gray's 2.14.90 in the 800m heat, eventually coming 7th in the final (and 13th in 400m with 55.85s).



As a previous competitor in the CHS carnival finals (in the 4X100m), I understand how exciting the atmosphere is. Congratulations to all those students who did their school, zone and certainly, North Coast region proud.

Megan Hart

Please pass on my congratulations to students and staff on their outstanding athletic achievements.

Mark Youngblutt

Acting Regional Director

Positive Awards

Double Gold

Claudia Bennett Y12

Gold

Mitchell Harvey Y11

Abby Wilcox Y11

Silver

Lachlan Collins Y7

Parveen Singh Y7

Priyajeet Sidhu Y8

Gemma McCann Y9

Victoria Clark Y11

Bronze

Ryan Barker Y7

Aquila Hardman Y7

Aiden Humphreys Y7

Owen Semple Y7

Ryan Matthews Y7

Lillian Tabacco Y7

Emily Mathis Y8

***Eagle Boys Pizza/McDonalds/Pizza Place
Sponsors of Silver Awards***

Deadly Days



Athletics Carnival Results

HOUSE POINTS		
1st	EMERALD	970 points
2nd	DIAMOND	891 points
3rd	ARRAWARRA	871 points
4th	MULLAWAY	556 points

AGE CHAMPIONS			
BOYS	11-12 years	Michael Gallant	Diamond
	13 years	Izack Smidt	Diamond
	14 years	Jonathon Gusman	Emerald
	15 years	Jamie Mullard Matthew Gray	Emerald Arrawarra
	16 years	Shaun Macdonald	Emerald
	17+ years	Jordan Gusman	Emerald
GIRLS	11-12 years	Tarhesha Laneyrie	Emerald
	13 years	Ariat Desalegn Bekele	Mullaway
	14 years	Emily Nudd	Emerald
	15 years	Caitlin Valentine	Diamond
	16 years	Maddison Sadler	Arrawarra
	17+ years	Nicole Gusman	Emerald



REDUCE RISK - INCREASE STUDENT KNOWLEDGE
www.rrisk.com.au

Fact Sheet 1

Young People and Risk Taking

Risk-taking in adolescence is not only normal, it is an essential part of learning and personal development. Every healthy adolescent takes risks as he or she grows towards independence. Most researchers agree that if there is no risk there is no growth. A common problem for some young people is their inability to evaluate the potential risks and consequences of everyday behaviour. Thrill seeking, speeding, the desire to impress one's friends, feelings of invincibility and the search for new experiences are all motivating forces that drive many teenagers. As a result they are over represented in every category of risk taking resulting in injury and trauma.

The RRISK Program aims to reduce risk-taking behaviour associated with alcohol and drug use, driving and partying amongst year 11 students in the North Coast of NSW. RRISK is relevant to the social life, developmental stage and concerns of adolescents. It extends the school based drug education and road safety curriculum by providing opportunities for senior high school students to develop knowledge, attitudes and skills to reduce risk taking and develop safer celebrating strategies.

This year over 4000 students from 50 high schools from Tweed Heads to Port Macquarie will attend one of 8 RRISK Seminars to be held in:

Tweed Heads:	Tweed Heads Civic Centre on 10 and 11 November
Lismore:	Southern Cross University on 15, 17 and 18 November
Port Macquarie:	Panthers Auditorium on 22 November
Coffs Harbour:	Southern Cross University on 24 and 25 November

Research shows that RRISK is effective in reducing young driver crashes by 44%

The largest study ever undertaken into young driver behaviour was conducted by the George Institute of International Health and published in 2009. RRISK was identified as the first and only program to have resulted in a 44% reduction in road crashes for participants. An earlier comprehensive evaluation conducted between 2002-2005 found an increase in protective behaviour and a decrease in risk taking for those students who attended the seminars.

Look for information about the RRISK Program including all the evaluation reports at our website www.rrisk.com.au and in this newsletter over the coming weeks.



REDUCE RISK - INCREASE STUDENT KNOWLEDGE
www.rrisk.com.au

Fact Sheet 2

Adolescent Drinking Behaviour

Young people aged 16-24 are amongst the heaviest drinkers in Australian society. In NSW, 50% of males and 37% of females in this age group drink more than 2 standard drinks per day which is the low risk level recommended in the Australian Alcohol Guidelines. (NSW Population Health Survey 2009)

Paul Dillon from Drug and Alcohol Research and Training Australia (who is the keynote speaker at the north coast RRISK Seminars) said that many young people drink "to get out of it, to get wasted" and that "Australia is one of the few countries where binge drinking is acceptable".

Young people are less likely than adults to be concerned about the negative consequences of heavy drinking. They are more at risk than adults as they are physically and psychologically immature, lack experience with alcohol, are more willing to engage in risk taking behaviour and are often unaware of the dangers of excessive consumption.

Choosing not to drink or learning how to drink responsibly can be among the most difficult tasks facing young people today. Parents and carers are often so concerned about the risks associated with illicit drug use that they forget that alcohol is the substance most likely to be the potential source of harm.

Under age drinking is becoming an ever increasing concern. The earlier young people start drinking, the more likely they are to become high risk drinkers and experience alcohol related harm whilst they are young and in later life.

Who supplies alcohol to young people?

Parents are the most common suppliers of alcohol with 28% of males and 29.5% of females under the legal drinking age of 18 reporting that they obtained alcohol from their parents; 21.6% of males and 23.4% of females reporting that they obtained it from friends and 21% of males and 25% of females asked someone to buy it for them. (NSW School Students Health Behaviours, 2008)

Parents and carers need to consider the wisdom of supplying alcohol to their underage adolescents. They can help young people to make safer decisions by discussing risks and safety strategies, particularly when celebrations are occurring. Parents should keep up with what is happening in the lives of the young people in their care and take positive steps to prevent them or others from drinking and driving.

School based courses (Personal Development, Health and Physical Education) and the RRISK seminars also help students make informed safer choices.

Look for information about the RRISK Program and risk taking at our website
www.rrisk.com.au

Retiring Teachers

Congratulations and well done to two wonderful retiring teachers in Mr Richard McDermott (Social Science) and Mr Garry Baker (Industrial Arts).

Dinners have been held to honour both of these lovely gentlemen in the last few weeks and the contribution they have made to their profession.

Many students are also saddened to see their woodwork stalwart leave, as many a Year 12 major work (and student) has been upgraded due to Mr Baker's personal and professional influence.



Dick McDermott



Garry Baker

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WITH EVERY SERVICE


HOUSE WASHING SPECIALISTS
 We will make your home sparkle like new ...
 ♦ Eaves ♦ Windows ♦ Shade sails ♦ Driveways
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Shaun, Tyler and Guy
from our Mountain
Bike Championships
Day



BAGS ARE STRICTLY PROHIBITED IN THE SCHOOL LIBRARY

DUE TO SECURITY REASONS

Please avoid awkward situations by abiding by
this rule

Library Staff

Woolgoolga High School Silver & Bronze Awards
are generously supported by:

EAGLE BOYS PIZZA

Fawcett Street, Woolgoolga
Phone 131433 or 66549433

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Reminder to senior students:

* When driving to and from school you will need to complete the **'Conditions for Application for Student Drivers'** form. This can be obtained from your year Deputy Principal.

* All senior students are to remain on school premises for the **entire day**. Those wishing to leave at recess or lunch time **will need prior permission or flexible leave passes**.

* **Flexible leave passes** are for students who have no timetabled classes for the beginning or end of the school day. Applications are available from your Deputy Principal.

* **All senior students with unscheduled classes are expected to study in the 'Senior Area' in the Library.**

A reminder to students that the placing of game files on the Department systems can result in the loss of all computer privileges.



CANTEN	MONDAY 8 OCTOBER	TUESDAY 9 OCTOBER	WEDNESDAY 10 OCTOBER	THURSDAY 11 OCTOBER	FRIDAY 12 OCTOBER
	Amanda Williams	Vikki Fogarty	Cathy Bond	Kathy Stevens	Need Volunteer
	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
	15 OCTOBER	16 OCTOBER	17 OCTOBER	18 OCTOBER	19 OCTOBER
	Judy Simpson	Sharon Wilcox	Need Volunteer	Barbara Drury	Need Volunteer
	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
<p>Contact Kerri Green 6649 2303 or 6654 1500</p> <p>If possible, please arrange a swap if you are unavailable on your rostered day</p> <p>CANTEN HOURS MON/TUE/THUR/FRI 11am to 2.15pm WEDNESDAY 11am to 1.15pm</p>					

Student Reminder

If you are 16 years or older you can obtain your Senior Secondary Student NSW Transport Concession Card (Form 202) from the school office. This enables you to purchase child rate fare on Country Link Services.

Congratulations to the candidates (pictured) who 'ran' for School Captain recently. With such exceptional candidates all students and staff at Woolgoolga High School are certain to have excellent representation.

Well done!

Joshua McBrien (Vice Captain) Keely Owen & Emmanuel Tan (Captains) and Anika Morgan (Vice



EFTPOS Facilities for credit/debit card transactions are now available for making payments at the school office. There is no cash out facility. The office is open for students to make payments before school and during Break 1.

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Instructor : David Kennedy 0438 283466

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SEE IT. SEE IT. SEE IT." AUS. THEATRE

A CRITICAL STAGES AND FINUCANE & SMITH PRODUCTION

THE FLOOD

BY PATRICK WHITE PLAYWRIGHTS' AWARD WINNER
JACKIE SMITH

THE HAUNTING AUSTRALIAN MYSTERY THRILLER THAT HAS
AUDIENCES ON THE EDGE OF THEIR SEATS.

FEATURING **SHIRLEY CATTUNAR, MAUDE DAVEY & CAROLINE LEE**
DIRECTOR **LAURENCE STRANGIO** DESIGNER **KATHRYN SPROUL**
LIGHTING DESIGNER **BRONWYN PRINGLE** SOUND DESIGNER **NATASHA ANDERSON**
CREATIVE PRODUCER **MOIRA FINUCANE**

-- **Jetty Memorial Theatre** --

Friday Sept 21st 8pm | Saturday 22nd 2pm & 8pm

for bookings call 66528088 or visit jettytheatre.com



Students' Photographs

There are many occasions where we would like to publish photographs of students involved in various school activities, including reports for the local papers, school newsletters, and the annual report and on our school website.

If you do not wish your child's photograph to be used for these purposes, please notify the school in writing.



Free Maths tutoring for Year 10
students available with Mrs
Young on Monday after school till
4pm

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**A REMINDER TO
STUDENTS THAT YOU
ARE NOT PERMITTED
TO PLAY GAMES ON
LIBRARY
COMPUTERS**

COMMUNITY NOTICE



WOOLGOOLGA AMATEUR SWIMMING CLUB
2012-2013 SEASON (starting soon)

Location—Beach Street, Woolgoolga

Club Nights

- New season starting Monday 8 October (registration from 4pm—first event 5.30pm)
- We meet every Monday night at 5.15pm (October through to April)
- This season we will again have the super novice events (12.5m) for all our new junior swimmers (6yrs & under)

For further details contact Ian Gould 0402 029 784

Woolgoolga Little Athletics Registration Day

At Woolgoolga Sports Field (footy field) on Saturday 22nd at 10am-2pm with free BBQ on the day. We would like to invite any child who would like to have a go at athletics. Free trial period of 2 weeks to see if kids like it.



Cost 1 child \$65; 2 children \$125; 3 children \$180
Contact Rodney & Kellie Watson 66548096 -0405624450.



Northern Districts Rebels Junior Cricket Club

FINAL REGISTRATION DAY

SATURDAY 22 SEPTEMBER

At Centennial Reserve, Woolgoolga

From 10am to 12 noon

U10, U12, U14, U16 Boys & Girls

Contact: Peter Holmes 66547081, 0417274130

Paul Smith 0438801686



**You are cordially invited to
Sandy Beach Public Schools
Art, Wine and Cheese Evening
Wednesday 17 October 7pm @ Sandy
Beach P.S.**

Drinks and nibbles supplied

Gold coin donation

Adult only event



Sandy Beach Public School

Presents

The Fantabulous Friday Fun Day Fete

19 October 3:30pm onwards

**Come and enjoy with your family and
friends**



UNIFORM REMINDERS

- Enclosed shoes in school colours—black, white, navy, grey, blue—preferably leather—NOT canvas as they do not adequately ensure safety.
- Years 8-10 students are allowed to wear their sports uniform to school on Wednesday: Years 8-10 Sport will be held on Wednesday afternoon

RITCHIES COMMUNITY BENEFIT CARD PROGRAM

This program donates a percentage of the money spent by customers to their nominated club, school or charity. Many schools and charities are receiving over \$1000 every month.

By shopping at Ritchies' Coffs Harbour IGA, you can help our school and benefit students. Ritchies' Community Benefit Card saves you money and helps your favourite organisation at the same time

Woolgoolga High School
Centenary Drive
Woolgoolga NSW 2456

E-mail: woolgoolga-h.school@det.nsw.edu.au



Leave Pass for Sport

Students and Parents are reminded that School Sport is a compulsory requirement for the R.O.S.A.

Students who cannot avoid an appointment on a Wednesday afternoon during sport time must follow the correct procedure to leave school grounds.

Students must bring a note from home and submit to Head Teacher Admin (Ms Nurm) who will be outside the deputy's office before school on Wednesday morning.

After approval for leave is granted by the Head Teacher Admin students take their note to the front office where a 'leave pass' will be given to the student stating the time they will be departing school grounds.

Students may leave school grounds at the time the 'leave pass' states.

Failing to follow the above procedure may result in your child having fractional truancy on the record and a demotion in the school welfare merit system.

We're on the Web:

www.woolgoolga-h.schools.nsw.edu.au

The WHS P & C meets on the second Tuesday of every month at 7.00pm