

# GOOD NEWS WEEK

Woolgoolga High School & P&C

Woolgoolga High School

1 November 2013 Issue No. 17

*would like to invite  
students and community  
members to come and see our*

## HSC MAJOR WORKS



# Creative Expo



Come and enjoy the successes of 2013 Year 12 students at the exhibition of Major Works from Visual Art, Industrial Technology Timber and Textiles & Design.

Hospitality students provide snacks and talented entertainers in the fields of drama, dance and music perform live. We hope you will be able to join us for an evening which promises exceptional displays and cuisine.

**\$5 per person**  
**(\$12 per family, exhibitors free)**



**Friday, 8<sup>th</sup> November 2013**

**6.00pm—8.00pm at the WHS Art Block**

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Web address: [www.woolgoolga-h.schools.nsw.edu.au](http://www.woolgoolga-h.schools.nsw.edu.au) E-mail: [woolgoolga-h.school@det.nsw.edu.au](mailto:woolgoolga-h.school@det.nsw.edu.au)

## From the Principal's Desk



Our Year 12 students remain confident after completing many of their HSC examinations and their excitement is now building for the Year 12 formal that is to be held on Tuesday 12<sup>th</sup> November at Opal Cove Resort.

Thank you to local employer Joe Fallon who continues to support our local students. He has offered Joshua Butterworth-Harvey in Year 10 a chef's apprenticeship. The apprenticeship came about primarily due to our successful Careers Day that the Woolgoolga Chamber of Commerce helps us to run each year. The Careers Day brings together over 35 local employers and they have a very positive impact on our Year 10 students view of their individual futures. A big thank you to everyone involved, in particular to Ray Willing and Alastair Milroy. We are very lucky to have such a supportive Chamber of Commerce and more information is found later in this newsletter.

As the front page indicates, all in our community are encouraged to come along and celebrate the high quality of many of our major works from our Creative Arts and TAS faculty on Friday 8<sup>th</sup> November.

Congratulations are also in order for Jacqueline Harrison who was appointed as our new Head Teacher Creative and Performing Arts. Our Art faculty is now combined with Music, Dance and Drama. Mrs Harrison is focussing on the future of the faculty and we are expecting some new and exciting directions over the coming years.

The Canteen had a Halloween Day on 31<sup>st</sup> October. It was so successful most of the "Halloween" food was sold out by the end of Break 1. Well done Kerrie and her team!

On the sporting field, our under 15 Netball girls are to be congratulated on their efforts in the state knockout. Well done to the open and under 14 girls cricket teams who have both won their first round of games in their respective CHS State knockout competitions. Alisha Phoonie is captain of both teams and also represented in the under 15 girls NSW Country Team last weekend in Sydney.

Yesterday we had a S.M.I.L.E. training day and it was fantastic to see that 60 Year 10 students applied to be part of our 2014 S.M.I.L.E. program. The S.M.I.L.E. program, as we already know, is a program where older students help mentor younger students who are having difficulties or just looking for an older student for to give them some positive guidance. These 60 students are going to have an enormous impact on our student body! When we add the 60 S.M.I.L.E. students to our Student Representative Council group and the Prefects and Captains, we have so many positive people in our school helping in the playground and classrooms. What a great school!

Congratulations on your induction into the S.M.I.L.E. program!

Until next time

Guy Wright  
Principal

## JOSH BECOMES THE FIRST SCHOOL BASED APPRENTICE AT WOOLGOOLGA HIGH



This week Joshua Butterworth-Harvey in Year 10 becomes our first school-based Apprentice with a Woolgoolga employer by signing on with the Rustic Table for the next four years .

For Joshua the first two years of his apprenticeship are known as the school based component which are completed part time during years 11 and 12. He will attend the Commercial Cookery course at TAFE one day per week along with full time first year apprentice chefs and work as a paid apprentice on Friday afternoon and Saturday. What this means for Josh is that he will complete the first full year of his apprenticeship while finishing years 11 and 12 and satisfying the requirements of the HSC. He will then automatically progress into a full time chefs apprenticeship post HSC. The advantage for Joe Fallon, his employer at the Rustic Table, is that he is able to choose when Josh will work (minimum 8 hours per week during school terms) so the obvious choice is Friday/Saturday when the restaurant is at its busiest. Josh will also work a minimum of half the school holidays in a more full time apprentice role which is also a busy period for the business.

The Woolgoolga Chamber of Commerce has played a part in making employers aware of this program through its highly successful Youth Careers Forum which is held for Year 10 students each May. Resulting follow up school work experience has led to this opportunity for Josh and we hope that further opportunities will arise for other Year 10 students to undertake school based apprenticeships and traineeships as a result of our final scheduled weeks of work experience from Monday 25 November to Friday 2 December 2013. Employer incentives apply under the normal apprenticeship system for any employer interested in taking on a part time school based apprentice or trainee so please make contact with Jeff Allen (Careers Adviser) at the school on 6654 1500 for further information.



### IMPORTANT COMING EVENTS

Mon 14 Oct - Wed 6 Nov	HSC Exams
Fri 8 Nov	Creative Expo



EFTPOS Facilities for credit/debit card transactions are now available for making payments at the school office. There is no cash out facility. The office is open for students to make payments before school and during Break 1.

## Clearance forms

will be issued to all students to return books, pay fees etc. Please have these completed by the due date.

Year 11 issued on:  
Friday 18 October  
for return on 8 November

Years 7, 8, 9, 10 issued on:  
Monday 25 November  
for return on 12 December



# A sweet experience for Food Technology students



A candy making demonstration by Coffs Candy Kitchen on Friday 19<sup>th</sup> October 2013 proved to be an overall success for Year 10 Food Technology students.

Students were shown how to make fairy floss on a stick (proved not as easy as it looks!), witnessed firsthand the lettering technique used to put writing in the candy (class made 'FT' for Food Technology) and willing students got to make a lollipop with the blue raspberry flavoured candy.



The experience has left a lasting impression on the budding food enthusiasts. Students were in awe of the talent showcased by the candy making experts and seemed to enjoy and appreciate this 'sweet' opportunity.

In fact for some students the fun doesn't end here. This experience has sparked an interest in several students, who are now hoping to secure work experience in this area.

Many thanks to Belinda & Brian from Coffs Candy Kitchen for coming to Woolgoolga High to provide our students with an insight into the art of traditional candy making.

Kerstin Woodward





## Year 11 Exploring Early Childhood

Playgroup was held on Monday this week. This was an excellent opportunity for Mrs Donnelly's students to interact with and observe the babies and young children who attended. The students prepared playdough, coloured rice, ball games and healthy snacks for the children. Many thanks to the wonderful parents who attended with their children.



### *Students' Photographs*

*There are many occasions where we would like to publish photographs of students involved in various school activities, including reports for the local papers, school newsletters, and the annual report and on our school website.*

*If you do not wish your child's photograph to be used for these purposes, please notify the school in writing.*







Mrs Donnelly's Year 8 Technology students proudly showing their Fried Rice dishes. Their nutritious meals were prepared and presented to an exceptionally high standard.



## Year 8 Technology



# Gold Awards

## Year 7

Grant Cook  
Kayla-May Mann  
Renee Rovere  
Shaquille Logan  
Paris Woodgate  
Georgia Rea  
Isabella Nolte

Braedyn McCarthy  
Ashleigh Lambert  
Grace King  
Noah Hill  
Jamila Grace  
Arjana Gill  
Joshua Dunn  
Andrew Collins  
Sam Burke

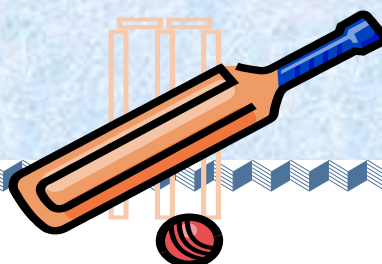
Aleisha Bradbury  
Mani Bates  
Georgia Bartley  
Holly Barker-McKenzie  
Margaret Pietrzykowski  
Isabella Oates Herrera  
Cameron Damjancuk



## Congratulations

**Liam Armitage** (Year 10), **Luke Gustafson** (Year 8) and **Raman Phoonie** (Year 8) who have all been selected in the Mid North Coast open cricket team. The boys will travel to Lismore to compete at the North Coast trials on 19<sup>th</sup> & 20<sup>th</sup> November, 2013.

Good Luck!





# U'15 Netball



**O**n Tuesday 15<sup>th</sup> October, the girls U 15 netball team competed at Grafton in the CHS state knockout competition. Our first game against Orara was forfeited, so we automatically went through to the next round. We then played South Grafton in which we were defeated followed by a third recharge game against Toormina that saw us knocked out of the competition. The outstanding team players were Isabella Heron, Kelsey Sturch, Lani Goodman, Isabella Oates-Herara, Chloe Fairbairn, MacKinley Taylor, Samantha Sadlier, Abby Nudd, Sophie Muggleton and Elliotte Hyder. The girls must be congratulated on their fabulous sportsmanship on and off the court; each game was hard fought for both defence and attack. Looking forward to the opportunity to participate in the competition next year.

A big shout out to Zoie Schmidt who was our volunteer umpire for the day. A huge thank you to Graham Muggleton, manager of Thrifty Rentals Coffs Harbour, who very kindly donated the discounted use of a mini bus, petrol and insurance to allow us to travel to Grafton.

Melissa Hyder





# WHS Girls Cricket



**Renae Fisher & Alisha Phoonie opening the batting**



**Under 14's**



**Open Team**

Woolgoolga girls have played and won two games of cricket in the past few weeks.

The Open girls team played Coffs Harbour at High Street Woolgoolga last week and the under 14's girls team played South Grafton High School at Grafton on Monday. The Woopi girls won both games by a margin of 15 runs. Alisha Phoonie of Year 9 skippered each team, displaying great cricket talents as well as excellent leadership abilities.

The WHS Open girls team won the toss and batted first. Alisha Phoonie, Renae Fisher, Jorja Murphy, Gemma Hutchinson, and Harlene Sangha all scored runs for Woolgoolga to post a total of 117 runs. Coffs Harbour scored only 102 runs in their innings. Harlene Sangha, Gemma Hutchinson and Jordon Henderson-Smith all bowled well to get wickets. Special mention to Kirra Avery for her excellent fielding and Lily Watson for her great out-field catch.

Thanks to Raman Phoonie and Luke Gustafson for umpiring and scoring for the girls open game.

The WHS under 14's girls lost the toss and were sent into bat first. Breanna Freeman, Aimee Carr, Abby Nudd, Alisha Phoonie, Zoe Batty, Paris Woodgate and Rhianna Birch all batted to help Woolgoolga score a total of 136 runs. South Grafton started slowly with three wickets lost in 3 overs thanks to a great run out by the Woopi girls and Harlene Sangha clean bowling two of the South Grafton girls. Woolgoolga could not get another wicket but bowled well enough for South Grafton to only post a total of 121 runs. Well done to all the girls, especially the Year 7 girls playing in their first ever game of cricket.

Thanks to Abby Nudd's dad and Aimee Carr's mum for helping with transportation to Grafton.

Ms Schofield

# Parenting Tips



## Choosing the right shoes

School shoes may all look the same but the cost can vary from about \$30 to \$120 and beyond. Does a more expensive shoe mean a better shoe? Find out more:

<http://www.schoolatoz.nsw.edu.au/wellbeing/health/choosing-the-right-school-shoes>

## NSW public school terms and holidays

Here's a snapshot of NSW public school terms and holidays for 2013 - 2015.

Find out more:

<http://www.boardofstudies.nsw.edu.au/events/vacations.html>



If taking holidays or long term sick leave, greater than 5 days, please apply for an exemption form from the Front Office. These days are not included as absences if appropriate paper work is completed.

## WOOLGOOLGA HIGH SCHOOL P&C FUNDRAISER



**"L & P" PLATES  
ORDER &  
PAY THROUGH  
CANTEEN**





Try our delicious  
freshly made  
vegie juice!

The Canteen  
provides healthy sandwiches, rolls and lavash available to order every day before school and during Break 1.

A variety of salad plates are also available as a gluten free option.

Woolgoolga High School  
Centenary Drive  
Woolgoolga NSW 2456

E-mail: woolgoolga-  
h.school@det.nsw.edu.au



We're on the Web:

[www.woolgoolga-h.schools.nsw.edu.au](http://www.woolgoolga-h.schools.nsw.edu.au)

canteen

MONDAY 4 November	TUESDAY 5 November	WEDNESDAY 6 November	THURSDAY 7 November	FRIDAY 8 November
Lynn Marr	Bev Moodie	Cathy Bond	Need Volunteer	Pam Wright
Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
11 November	12 November	13 November	14 November	15 November
Amanda Williams	Vikki Fogarty	Etty Herrera Oates	Need Volunteer	Jackie Walsh
Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer	Need Volunteer
<p><b>Contact Kerri Green 6649 2303 or 6654 1500</b>  <b>If possible, please arrange a swap if you are unavailable on your rostered day</b>  <b>CANTEEN HOURS MON/TUE/THUR/FRI 10am to 2pm WEDNESDAY 10.30am to 1.30pm</b></p>				



REDUCE RISK - INCREASE STUDENT KNOWLEDGE

www.rrisk.com.au

## Newsletter 3

### Parties - Will You Allow Alcohol at Your Adolescent's Party?

Many parents and carers will be helping young people in their family celebrate birthdays, special occasions, finishing their school year or leaving school. It is time for careful planning so that everyone enjoys themselves. Some parents may not be aware of their responsibilities in relation to supplying alcohol to under 18's.

Regardless of where the function will be held, it is against the law to obtain for, or supply alcohol to anyone under 18 years of age - even at private parties. This activity is called secondary supply of alcohol - an offence that carries a maximum penalty of \$5,500 per offence or \$11,000 and 12 months prison in very serious circumstances. On the spot fines of \$550 can also be issued by police.

This information comes to you from the NSW Department of Liquor, Gaming and Racing. Check their website for further information: [www.olgr.nsw.gov.au/liquor\\_info\\_young\\_people\\_2nd\\_party.asp](http://www.olgr.nsw.gov.au/liquor_info_young_people_2nd_party.asp)

#### Points to consider:

- ◆ What do you do if an underage guest arrives with alcohol?
- ◆ What do you do if they arrive intoxicated?
- ◆ What do you do if your alcohol has been consumed during the course of the party?
- ◆ How can you plan a successful party that addresses these issues?

It is much easier to plan and control what happens at your next party if you follow some simple guidelines. Here are some suggestions that can make a difference:

- ◆ Ideally RSVP invitations should be issued, giving as many details as possible about times of starting and finishing, the nature of the party, a dress code, how it will be supervised and how guests will return home. Indicate guests will be required to bring their invitation for party entry.
- ◆ On the invitation, suggest guest parents contact host parents to fine tune details and discuss any concerns. This will ensure parents are not pressured against their better judgement and gives everyone permission to talk about supervision, safety, alcohol and drug issues etc.
- ◆ Have only one entrance or exit to make it easier to control who attends your party.
- ◆ Guest lists should be kept to a manageable size. If guest numbers are large, ask other parents to assist with supervision or consider hiring security personnel.





REDUCE RISK - INCREASE STUDENT KNOWLEDGE

www.rrisk.com.au

- ◆ Host parents need to be aware of appropriate return transport for guests and/or provide overnight, supervised accommodation.
- ◆ Make it clear in advance it is an alcohol free party. (Parents are reminded of the NSW Office of Liquor, Gaming and Racing penalties cited earlier).
- ◆ Alcohol at parties is not easily supervised. Alcohol can easily be consumed in advance or mixed with soft drinks prior to the party. Alcohol may be left outside in cars or hidden in bushes. Although these problems can occur, they are less likely if the party is well supervised.
- ◆ Confiscate BYO alcohol from under 18s. Return it to their parents or carers.
- ◆ If guests are a mixture of under and over 18s, there is less control over the consumption of alcohol. A nominated adult should serve alcohol.
- ◆ Actively serve non-salty food throughout the party. This will slow down alcohol consumption for those who are drinking.
- ◆ Attractive non-alcoholic drinks should always be provided. For example, "Mocktails", non-alcoholic punches, soft drinks, fruit juices, coffee, tea and of course, water.
- ◆ If under 18s consume alcohol or other drugs during the party, their parents should be contacted and asked to collect them. Parents should be advised of unacceptable behaviour.
- ◆ Be firm about excluding gatecrashers. If admittance is by invitation only, gatecrashers are less likely. Prior to the party, encourage students not to broadcast party details in the school community, via the Internet or mobile phone. If gatecrashers arrive, ask them to leave immediately or tell them the police will be called.
- ◆ Parents should be present and provide active supervision throughout the party.
- ◆ If you are planning a large party, it may be a good idea to employ security guards.

### Register your party with NSW Police

NSW Police have developed a range of strategies and an online **Party Sign Up form** which must be completed at least 72 hours before your party. Register your party at [www.mynite.com.au](http://www.mynite.com.au). This way local Police will know that you are having a party and can offer support. Have emergency numbers handy and call police before the situation gets out of control. Advise neighbours of your party as common courtesy.

### Other useful websites to help you plan a successful party and avoid problems:

[www.det.nsw.edu.au/media/downloads/languagesupport/alcohol/acs\\_english.pdf](http://www.det.nsw.edu.au/media/downloads/languagesupport/alcohol/acs_english.pdf)

[http://www.police.nsw.gov.au/hot\\_topics/safe\\_party](http://www.police.nsw.gov.au/hot_topics/safe_party)

[http://www.youthsafe.org/safe\\_celebrate.html](http://www.youthsafe.org/safe_celebrate.html)

This website has current safe partying information, games, and competitions on how to party safely for young people and information for parents

Look for information about the RRISK Program and risk taking at our website [www.rrisk.com.au](http://www.rrisk.com.au)



## Adolescent drug and alcohol use, synthetic drugs, music festivals and the law **FREE PRESENTATION**

Paul Dillon is the Director of Drug and Alcohol Research and Training Australia (DARTA) and works with young people across the country and internationally. Paul is the keynote speaker at the 2013 RRISK seminars.

In this free presentation for parents, teachers and anyone who works with young people, Paul will share information on:

**Synthetic drugs:** the latest evidence

**Music festivals:** drug trends, the law & detection strategies

**Alcohol & drug use:** latest survey of high school students revealed

**Parenting tips:** latest research

**Alcohol & cannabis:** new resources

**Where:** Southern Cross University, Coffs Harbour

Auditorium (D block)

**Date:** Thursday 14 November 2013

**Time:** 4.00pm—6.00pm

**Bookings are essential**

Please RSVP by Friday 8 November 2013

Contact 6648 4403

Coffs Harbour City Council



[www.rrisk.com.au](http://www.rrisk.com.au)

Follow Paul Dillon and DARTA on





# Community News

As Marcel Proust, a late 19<sup>th</sup> century novelist wrote: "the real voyage of discovery consists not in seeking new landscapes but in having new eyes". Volunteer to host an international high school student in February 2014 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for one term, one or two semesters from France, Italy, Germany, Sweden, Norway, Denmark, Finland, and Spain. They will attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at our website [www.scce.com.au](http://www.scce.com.au), email [scceaust@scce.com.au](mailto:scceaust@scce.com.au) or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship.

Robert Lindsay  
National Business Development Manager

SOUTHERN CROSS CULTURAL EXCHANGE  
Tel: +61 (0)3 9775 4711  
Fax: +61 (0)3 9775 4971  
Toll Free: 1800 500 501  
Post: Locked Bag 1200, Mt Eliza, Victoria, 3930

Web: [www.scce.com.au](http://www.scce.com.au)  
email: [robert.l@scce.com.au](mailto:robert.l@scce.com.au)



## Helping learner drivers become safer drivers

FREE workshops for parents and supervising drivers

### To provide practical advice about:

- Current laws for L and P licence holders.
- Supervising learner drivers.
- Completing the Learner driver log book.
- The benefits of supervised on-road driving experience.

### The next workshop in your area will be held:

Time and date:	Venue:	Book now on:
Tuesday 19/11/2013 5:30pm – 7:30pm	ETC Office 80 Grafton St Coffs Harbour	<a href="http://www.etcctd.com.au/rms">www.etcctd.com.au/rms</a> Ph: (02) 6648 5435 Freecall 1300 359 968

Coffs Harbour PCYC is now accredited by Roads & Maritime Services to offer the Safer Drivers Program to Learner Drivers. This program involves a 3hr classroom plus a 2 hour practical session and gives 20 hours credit to log book hours. Cost: \$140

Saturday 9/11/13 - 9.30am

See also

<http://www.pcyctd.com.au/saferdrivers>



# Community News

## YOUNG WRITERS COMPETITION



COFFS HARBOUR CITY COUNCIL INVITES SUBMISSIONS FOR  
ITS YOUNG WRITERS COMPETITION AS PART OF THE

### **2014 Australia Day Celebrations**

ENTRANTS ARE INVITED TO SUBMIT A SHORT STORY,  
PERSONAL NARRATIVE OR POEM BASED ON THE FOLLOWING  
TOPIC:

***'Describe your Dream Australia Day'***

PRIZES WILL BE AWARDED TO STUDENTS IN THE FOLLOWING  
CATEGORIES :

\* Grades 5 & 6

\* Grades 9 & 10

Application Forms are available from your local school or on  
Council's website: [www.coffsharbour.nsw.gov.au](http://www.coffsharbour.nsw.gov.au)  
Closing Date: 5.00 pm on Friday 6 December 2013.

	SHORT STORY			
PERSONAL	NARRATIVE			POEM

Application forms available at the Front Office



**RITCHIES COMMUNITY  
BENEFIT CARD PROGRAM**

This program donates a percentage of the money spent by customers to their nominated club, school or charity. Many schools and charities are receiving over \$1000 every month.

By shopping at Ritchies' Coffs Harbour IGA, you can help our school and benefit students. Ritchies' Community Benefit Card saves you money and helps your favourite organisation at the same time

**Tuition**  
*All ages, all abilities*  
*All subjects, Qualified Teachers*  
*NAPLAN preparation*  
*Woolgoolga and Coffs Harbour*  
*Drama, Art, Languages—Coffs*  
**Phone 6654 8397**



*Paid Advertisement*

**The WHS P & C  
meets on the  
second Tuesday of  
every month at  
6.30pm**

**Woolgoolga High School Silver & Bronze  
Awards are generously supported by:**

**EAGLE BOYS PIZZA**

Fawcett Street, Woolgoolga

Phone 13 14 33 or 6654 9433

**EAGLE BOYS  
PIZZA  
FRESHA PIZZA.**



**MCDONALDS**

Pacific Highway, Coffs Har-  
bour

**WOOLGOOLGA  
PIZZA PLACE**

Beach Street, Woolgoolga

