



Issue 18 · November 18, 2016



Halogen Youth Leadership Conference



On Monday 14<sup>th</sup> November, a group of student leaders from Woolgoolga High School attended the Halogen Youth Leadership Conference held at the Brisbane Conference and Exhibition Centre. The conference focused on developing and inspiring young leaders in schools across Australia. The students were empowered to challenge themselves to acknowledge their core values and use these to lead themselves and others in their school community.

There were a number of inspiring and motivating speakers from a diverse range of fields. They spoke about resilience and shared their own experiences of overcoming challenges, learning to fail and moving forward to achieve their goals.

The students returned to Woolgoolga High School, each with their own renewed sense of purpose to work together with groups within the school to improve leadership for the benefit of all students.

Pictured: Payton Priest, Lani Goodman, Simon Radford, Tibebu Aulfina Deressa, Luke Gustafson, Parveen Kaur Bajwa Absent from photo: Awal Maker

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## From the Principal's Desk

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Woolgoolga High School continues to develop high quality leadership in our students. Last Monday seven of our up and coming young leaders spent the day with some of Australia's most inspiring leaders.

They attended the 2016 Halogen Youth Leadership Conference in Brisbane at the Exhibition Centre, Each of the students came back to Woolgoolga High School "a changed person". The group addressed our school executive team on Wednesday afternoon and articulated what they learned at the conference. Each student was excited, positive and now has a new view on leadership. They will address our full school assembly next Monday with some great ideas for how we can help our school move forward. Well done Payton Priest, Lani Goodman, Tibebu Aulfina Deressa, Luke Gustafson, Parveen Kaur Bajwa and Awal Maker. Also thanks to Mrs Byrne and Mr Radford for undertaking this trip to Brisbane.

Last Friday the annual Creative Expo came to life. I am continually impressed by the high quality of work on display each year! Some of the work is on call back and the students are achieving at state level. Emma Cahill is having her work shipped down to be on display in the 'best in state'. Please take the time to read the report later in this Newsletter and have a look at the photographs of the event. Congratulations and thanks to Mrs Harrison, Mr Oates; Art, Music, Hospitality, Wood Work, IT and Engineering staff and all involved in making the event such a success.

As part of our transition to high school program a group of high school students travel to each of our partner primary schools to talk openly to the Year 6 students, sing a few songs and make our new students feel comfortable about their next step into high school. Last week, I accompanied our students to Corindi Primary and listened to our students speak of "how good Woolgoolga High School is". It was an exceptional experience. We do indeed have a great high school where each and every student is nurtured to achieve their best in a safe and supportive environment. Congratulations and thanks to the "Roadshow" team.

Last week I also attended the Zonta Young Women in Public Affairs Awards. Awal Maker presented an outstanding speech on her vision on how to advance the cause of women and girls in our modern Australian community and in particular the empowerment of women and girls from culturally diverse backgrounds. The speech is represented in this Newsletter and is well worth the read.

A big thank you must go to Helen Rook for her work with our Year 12 students in making the Year 12 Formal an impressive event at Pacific Bay Resort last Thursday night. Already many of our Year 12 students are receiving early entry to university placements. Best wishes to all Year 12 into the future.

Until next time Guy Wright Principal

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IMPORTANT COMING EVENTS
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Nov Mon 21 to Fri 25	Year 11 VET work placement
Nov Wed 23	Year 11 movie/pizza night at WHS
Nov/Dec Mon 28 to Fri 9	Year 10 work experience
Dec Tue 6	Years 7 & 8 reward excursions
Dec Tue 6	Year 6 orientation day
Dec Wed 14	Annual assembly
Dec Thur 15	HSC results released
Dec Fri 16	Last day for students
Dec Mon 19 to Tue 20	Staff development days

## Careers

Year 11 **QLD** University excursion 1<sup>st</sup>-2<sup>nd</sup> December

## Year 10

Work Experience 28<sup>th</sup> November to 2<sup>nd</sup> December 5<sup>th</sup> December to 9<sup>th</sup> December

## **Homestay Hosts Wanted**

We are looking for caring families and individuals to provide a wonderful home away from home for international students attending Woolgoolga High School.

> Must be able to provide meals and a Working with Children Check for all adults.

Hosts receive \$270 per week for a single room Short (1 term) to long (4 terms) stays are available

Apply online at www.staydownunder.com.au For further info contact Stay DownUnder on (02) 8901 4499 or school co-ordinator Mr Phil Dalton (02) 6654 1500





The WHS P & C meets on the second Tuesday of every month at 6.30pm

CRITERIA & SELECTION PROCESS Awarded to a student who is a Member or the child of a Member of the C.ex Group and resides in the local Government areas of Coffs Harbour or Bellingen Shires and who has applied for acceptance to a University for a particular course. Applicants have to have made a distinctive contribution to school, University and/or community life in one or a combination of the following categories as detailed in the Selection Criteria below:

SPORTING ACHIEVEMENT COMMUNITY INVOLVEMENT CULTURAL / ARTISTIC ACHIEVEMENT

Information brochure and nomination form: http://www.cex.com.au/wp-content/uploads/2015/01/C.ex-Group-Scholarship-Nomination-Form2.pdf

Applications close 30th November 2016.

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# **Creative Expo 2016**

Our annual Creative Expo was held last Friday evening. We had overwhelming support from students, parents and staff who attended the evening. The work on display from Textiles, Industrial Arts Wood and Multimedia, was outstanding and these students should be incredibly proud of themselves. It was clear that many hours of time and dedication to creating the wonderful projects was made by our HSC students and their teachers.

The performances on the night were fantastic. We had a variety of Music, Drama and Dance items showcased. It is with such pride that we have the opportunity to show our school community the wide and varied talents that our student body possess.

The Hospitality students and staff kept us refreshed with coffee and drinks which was very much appreciated.

I'd like to take this opportunity to thank all staff, parents and students who made the evening such a huge success.

Mrs Jacqui Harrison Creative Expo Organiser Head Teacher CAPA



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#### Woolgoolga High School Newsletter



# **Girls Wellbeing Day**

On October 31<sup>st</sup>, as part of the school's Wellbeing program, a Year 7 Girls Well-being Day was held for an invited group of Year 7 students to assist them in their relationships with their peers whilst at the same time building their self-esteem and resilience.

The participants were a mix, some of whom have experienced challenges with social relationships since transitioning to high school, together with girls who have successfully and positively engaged with their peers all year.

The program was organised by Mrs Emma Peart, one of our school counsellors, together with Ms Rachel Piper, current Year 7 Adviser, Ms Kayla McIntosh, Year 7 Adviser for 2017 and Mrs Kim Beedie, Specialist Itinerant Teacher for Hearing.

The program for the day included workshops about:

- Making premature judgements about others
- Scenarios: discussion and problem solving of real life dilemmas facing Year 7 girls
- Developing resilience
- Bullying and harassment issues and how they can develop and play out among Year 7 girls
- A shared cooking experience
- Personal grooming, beauty tips and make-up

The day fostered team building and hopefully has enhanced the start of some new friendships and the ability for these participants to cope with the daily challenges of teenage life in 2016. The success of the day was greatly boosted by the presence and contribution of some exemplary Year 9 girls and Year 11 SMILE mentors.

Many thanks to Judy Cochrane and Jill Fulton for their assistance with food preparation on the day.

lan Cook Head Teacher Wellbeing



# Year 6 Transition Visits

Last week many of our student leaders, SMILE Mentors, former student leaders of local primary schools and some of our accomplished student dancers and singers visited our local community of schools as part of the "traveling transition roadshow".

These visits are designed to inspire Year 6 students transitioning to Woolgoolga High School and ease any anxiety they may have about the transition. These visits provide an opportunity to have many of their questions answered by our current students. We visited Sandy Beach, Woolgoolga, Mullaway and Corindi Primary Schools.

It was pleasing to see so many Year 6 students reassured and excited about starting high school in the lead up to their Orientation Day on Tuesday December 6<sup>th</sup>.

Many thanks for an outstanding and positive contribution to our northern beaches community of schools goes to Luke Gustafson, Eden Redshaw, Jacob Nelson, Broque Holland, Jasmine Hoppe, Lachlan Collins, Lani Goodman, Hannnah Truban, Kai Nudd, Lucy Dunning, Meg Beedie, Jacob Sutton, Aurielle King, Noah Wood, Lockie Park-Harris, Parveen Kaur, Salina Chahal, Jaspreet Kaur Singh, Lochlan Rook, Jesse Beresford, Cameron Hutchinson, Meika Hennessy and Becky Howard.



All these students spoke passionately about Woolgoolga High School and proved to be worthy ambassadors for our school.

Thanks to Ms McIntosh, incoming Year 7 Adviser and Mrs Chivers for organising these visits.





## GRIP Student Leadership Conference

On Thursday 3<sup>rd</sup> November five members of Woolgoolga High School SRC attended the GRIP Student Leadership Conference held in Coffs Harbour. The day was filled with activities that strengthened us as leaders and gave us the skills required to lead our student body.

Swe Aung, Aynslee Finn, Pavan Singh, Matthew Dorahy and Tanner Fraser.

# Be the first person to write the

name of someone on each line: 1.Be honest 2.Each person only once

3.Nobody from your school 4.Must speak to the perso



Recently Awal Maker in Year 11 was nominated for the Zonta Young Women in Public Affairs Award. She delivered a powerful speech that addressed the focus question of how she would support women in her community if awarded a grant for this purpose. Awal spoke with great conviction impressing the assembled dignitaries with her poise and personal commitment to supporting women and young girls in our community, especially those from diverse cultural backgrounds. Awal's speech is included on the next page of this newsletter.



Awal Maker pictured with Mr Wright

Good evening to all the members of Zonta present here tonight, my fellow applicants and invited guests. My name is Awal Maker from Woolgoolga High School. I am a member of the Student Representative Council, a SMILE mentor as well as a prefect at our school. I am delighted to speak to you tonight about my vision to advance the cause of women and girls in our modern Australian community. I am particularly motivated to encourage the empowerment of women and girls from culturally diverse backgrounds muchlike myself.

I'd like to begin by asking you a question. Have you ever been in a situation where you felt fearful, disempowered and violated just because you were born into a culture that does not value women and their human rights? My world turned upside down along with those of my three sisters when they were forced to return to Sudan to marry when they were 16 years old. These men were twice their age. They now have children and access to education and opportunities are very limited for them. Their choices were made for them and their voices were not heard or respected. At the age of 14, I fortunately had the courage to speak up and ask for help. Thankfully I was saved from the indignity of an arranged marriage and a life of violation, subservience and lack of opportunities.

The anger and confusion surrounding this time has inspired me to think of others that may be experiencing similar injustices. The project I would choose to implement with the grant funding will aim to educate young women and girls about their opportunities and their basic human rights. The project would help them realise their abilities and to discover their voices.

With the growing knowledge about my rights as a human being and as a young woman in this country I am excited about the many opportunities that lie ahead for me, including the opportunity to help others in similar situations in my local and wider community. My goal is to support young Australian women and girls including those from diverse cultural backgrounds that are also experiencing a lack of support and give them back their confidence to become productive, optimistic contributors to society who can make their own decisions about their future.

At Woolgoolga High School I am an active member of the SMILE mentor program which stands for support, mentor, inspire, listen and encourage. The SMILE program started at Woolgoolga High School and is now adopted byother schools across the region. This program has given me the opportunity to be a support person for other girls from refugee backgrounds who are exposed to similar cultural demands and expectations.

Ihave shared my personal experiences with these young girls as well as sharing empathy and understanding of what it feels like to be violated by your culture as a consequence of being a female. I have a vision to introduce a program that will support these women and young girls in other schools in our area. My vision is to extend this support eventually to students throughout NSW schools. The grant would allow me to identify students in need and to implement a program of support for those who are suffering as a result of having their rights and power taken away from them. The program will encourage them to use their negative experiences as a strength to bounce back and embrace the challenges they face every day.

Being a member of the Student Representative Council for the past three years, has shown me the value of leadership and the power to affect change within my school and my community. This will continue in my new role as a prefect in 2017. My involvement at this level has given me the opportunity to address whole school assemblies to inform students about the plight of women and children around the world that are suffering because of conflict and social injustice. This message is especially relevant at Refugee Week and Harmony Day celebrations at school. It is clear to me that educating a group of people about this tremendous problem is the first step to achievinggenderequality.

I am looking forward to my involvement in the Halogen Youth Leadership Conference in Brisbane next week. My hope is that it will broaden my potential to lead and create a network of facilitators in other schools across the region. This will allow me to reach a greater number of students in other schools in need of support.

Also, it was an honour to meet with Multicultural NSW Chief Executive Officer Mr Hakan Harman and the Community Engagement Officer Ms Sahba recently to discuss cultural awareness issues in our Coffs Harbour community and issues affecting culturally diverse youth in our wider community. This was a positive experience that allowed me to realise that my vision was shared by others. This has again broadened my network of people that will give support and acknowledgement of this project.

Lastly, I have learned many things since coming to this country that I now call home. I have learned a new language and a new culture. I have learned that I can make a difference in my community by taking advantage of the opportunities that Australia offers. I have learned that we all have equal rights regardless of our gender. I have learned that with courage and determination we can empower women and young girls, particularly those from culturally diverse backgrounds like myself, to be resilient and realise their potential. Finally, I have learned that together we CAN make a difference, one step at a time.

Thank you for the opportunity to express my ideas and hopes for the future.

Awal Maker



Woolgoolga High School

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### Tuesday 14/11/16

Dear Parents and Care Givers,

#### YEAR 8 EXCURSION UPDATE

Due to Dreamworld currently being closed, we need to choose another venue for our end of year excursion. The next preferred location voted by **Year 8 students** is **Movie World** on the Gold Coast. Fortunately, all the details remain the same except we will now go to Movie World instead of Dreamworld.

<u>Venue</u>: Movie World <u>Date</u>: Tuesday 6<sup>th</sup> of December <u>Time</u>: 6am to 9:45pm <u>Cost</u>: \$63 <u>Departure and arrival location:</u> Woolgoolga Skate Park

- If students paid for Dreamworld and still want to go on the excursion to Movie World the only requirement is to complete the new permission note for Movie World.
- If students paid \$30 (because they had a Dreamworld Pass) please pay the remaining \$33 to the front office.
- If students paid \$63 but have a pass to Movie World, see Mr Pursch and \$33 will be refunded to you.
- It is important that students request a refund through the front office before Tuesday 29/11/16 if they paid but do not want to go to Movie World.

#### Please note that The Department of Education and Communities does NOT have ambulance cover in Queensland. Please read the back of the permission note for more information or contact Woolgoolga High School.

The excursion is now open to all Year 8 students and payments can be made to the cashier at the front office (by cash, cheque or EFTPOS) or by POP payment for the first 105 students.

Please complete details on the permission note and return it to the box at the science staff room.

Stay awesome and look forward to a fantastic excursion!

Kind Regards

Robert Pursch Physics Teacher Year 8 Adviser 2016 Woolgoolga High School 02 6654 1500 0413032048



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# OPEN BOYS CRICKET

Big congratulations to the Open Boys Cricket Team who have been victorious in their last 2 matches.

In the first match, the boys played Coffs High at High Street. Raman won the toss and elected to bat. Healthy runs were scored by a number of the boys:

Kartar Singh 27, Sevak Clair 28, Raman Phoonie 51, Luke Gustafson 59, Harry Singh 20 not out and Addison Mallett 69 not out. After 40 overs the boys were 6/259. Coffs had a healthy total to chase but were not up to the task. They were bowled out for 117 in the 28<sup>th</sup> over. A superb bowling display to send Coffs High home reasonably early in the day.

Bowling statistics were:

Humraj Singh 3/29, Adam Hill 1/12, Harry Insan 1/45, Raman Phoonie 3/11 and Noah Pilon 2/10. The second match was held in Dorrigo. Kartar lost the toss and we kicked off the bowling. It was complete domination. We bowled them out for 58 in the 17<sup>th</sup> over (we didn't even make drinks at 20 overs)!!!

Bowling Statistics for the match were:

Humraj Singh 2/6, Noah Pilon 1/8, Harry Insan 0/8, Raman Phoonie 4/9 and Kartar Singh 3/4.

In the second innings, we reached their total in the 12<sup>th</sup> over. Humraj Singh 7, Kartar Singh 15, Addison Mallett 8 and Raman Phoonie 21 not out.

As this report is being written the boys are preparing for the next game against Grafton High.

Congratulations!

Mr Robins

Congratulations to **Raman Phoonie** (Year 11), **Addisen Mallett** (Year 10), **Humraj Singh** (Year 10) and **Luke Beresford** (Year 10) who have been selected in the Mid North Coast Open Boys Cricket team. The boys will now compete at the two-day North Coast Cricket trials in Sawtell at the end of the month. Well done boys and good luck!





Get Your running gear on and come up and participate in the Dorrigo Show Fun Run on Sunday 27 November, 2016.

With 1.5km, 6.5km and 13km distances, the whole family can join in. The Course is a picturesque meander through the hills of Dorrigo. Beginning at the North Dorrigo Store at 8:00am and finishing at the Dorrigo Showground.

Registration is on the morning and includes a bus from Dorrigo Showground leaving at 7:00am and 7:30am and entry to the show. Cost \$12 Adults, \$8 Juniors

For more information contact:

Grace Jones, Reception, Barwick Stevens Lawyers Dorrigo

P 02 6657 2113 / E lawyers@bsldorrigo.com.au

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Pictured: Megan Hart with Woolgoolga High



A newly formed Driving School servicing the Coffs Coast. Our focus is to prepare our youth for the busy roads, teaching safe driving GEARED UI GEARED UP techniques. Book 5 lessons and get your **Driving School** OO TD 6th lesson FREE. **Coffs Harbour** Contact Scott to book 0448 744 896 your lesson on www.gearedupdrivingschool.com Per Loui 0448 744896 and check us out on Facebook. Paid advertisement



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All ages, All abilities, All subjects Qualified Teachers Individual or small group

2/7-9 Market St, Woolgoolga Phone: 6654 8397W or 66522222CH



Woolgoolga High School Silver Awards are generously sponsored by:

Years 7, 8, 9 receive vouchers from

McDonalds Restaurants Pacific Highway Coffs Harbour



paid advertisement

Years 10, 11, 12 receive vouchers from

Riptide Pizzeria Fawcett Street Woolgoolga *Phone:* 6654 8989

Woolgoolga Pizza Place Beach Street Woolgoolga *Phone:* 6654 2744





# Parent Online Payment (POP)

# Now Available At Woolgoolga High School

A secure Westpac banking facility has now been added to the Woolgoolga High School website to allow parents/carers to make online Visa or Mastercard credit or debit card payments for things like voluntary school contributions, excursions, sporting activities or sales to students.

Look for the *§ Make a Payment* button next to *Contact Us* at the top of our homepage.

For those experienced in paying online, the process will be familiar. Detailed instructions are available by opening the *Parent Online Payment Instructions* on the *Information* tab on our website.

We hope that you will find this payment option convenient. Payments can still be made at the Woolgoolga High School Office by cash, cheque or EFTPOS before school and during break 1.

http://www.woolgoolga-h.schools.nsw.edu.au/

# **Canteen—Eat Fresh**

http://www.woolgoolga-h.schools.nsw.edu.au/parent-information See menu with price list on the school's website

Volunteers needed to serve in only 1 hour increments:

8.30am - 9.30am 11.00am - 12.00 noon 1.00pm - 2.00pm



If you can help please ring the school on 66541500 or follow the link on the school's website to complete the expression of interest.