

Woolgoolga High School

Newsletter

Issue 16 · 25 October 2019



OVERWINTERING PROJECT ART EXCURSION TO MOONEE RESERVE

Our Year 9 Visual Arts students have been selected to be involved in an art project in conjunction with the Coffs Harbour Regional Art Gallery. The Overwintering Project involves our students creating a lino print with the theme Shorebirds and the impacts of our society on their numbers, migration and habitat. Organised by Jo Beasley, the Overwintering Project is a multidisciplinary, environmental art project that brings together artists, local high schools, scientists, birders and poets to address environmental impacts on migratory shorebirds and their habitats, including special places here on the Coffs coast.

Each student will create a lino block based on this theme. The lino blocks are carved and tested at school then on 23 November, our students will be printing them on large format paper at the Jetty using a steamroller. Please come and have a look at this event; I believe this is the first time a steamroller has been used to print in Australia. The prints created will be included in the **Coffs Harbour Regional Gallery's Overwintering Project Exhibition from 6 December 2019 through to 8 February 2020.**



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From the Principal's Desk

SAY 'NO TO NASTY'

This is my catch phrase for the next 12 months for Woolgoolga High School.

'SAY NO TO NASTY'

This is my catch phrase for the next 12 months for Woolgoolga High School. I have spoken about this at the last two assemblies.

I want all students to call out 'NASTY'.

I want students to stop other students from being nasty.

I need everyone to stop making nasty, hurtful comments to other students.

I want the bystanders to stand up to nasty people and call them out about being nasty. Simply put your hand up and say 'I think you are being nasty' and walk away.

Please support other students.

We hope to empower students against this behaviour as well as inspire students to look for more effective ways to express their needs and feelings.

So 'SAY NO TO NASTY'.

Last Thursday, our 40 SMILE mentors had lunch with community members and organisations that support our SMILE program. I spoke about the 'SAY NO TO NASTY' campaign which will help students of our school. The lunch allowed time for our SMILE team to relive the rich history of SMILE at our school from its beginnings. Many of the guests have continued to support the SMILE program for the entire eight years it has been running at WHS.

I have to thank the following organisations for their ongoing support: Rotary, Lions, Quota, Lifeline, Zonta, Police, Aboriginal Officer of DOE, STARTTS and Headspace.

Each organisation also had time to interact with the students and outlined how their organisations help in our community. What a great event!

Over 40 students and their parents/caregivers attended Super Saturday on 19 October. Year 7 Adviser, Kim Beedie, set the students to do four tasks – one each in literacy, STEM, science and vocabulary.

Super Saturday is the last phase in the process whereby students apply to get into the Excel class (7Red) for 2020. Students put together an extensive portfolio and their teachers provide a written reference outlining their achievements at primary school. One student applied from Lord Howe Island. Our Excel class is indeed a sought after class!

It is fantastic that our Year 9 Visual Art students are working with the Coffs Harbour Regional Art Gallery in the Overwintering Project. I am really looking forward to watching the steam roller squash the lino blocks (see front page for more details). Great work to Jacqui Harrison and her team.

The Community project initiative is helping community members with work around their houses. A big thank you to Kim Beedie and Blake Cusack for creating this amazing initiative.

Until next time
Guy Wright
Principal

COMING EVENTS

Thurs 17 Oct to Mon 11 Nov	• Higher School Certificate Exams
Thurs 7 Nov	• RRISK—Year 11
Thurs 21 Nov	• Year 10 Police Talks/road safety and parties
Wed 27 Nov	• Musical Madagascar to Primary School
Wed 27 Nov to Mon 2 Dec	• Musical Madagascar performances
Tue 3 Dec	• Year 6 Orientation Day
Mon 9 Dec to Fri 14 Dec	• Year 10 Work Experience
Wed 11 Dec to Fri 13 Dec	• Coastal Walk Excursion
Tue 17 Dec	• Annual Presentation Assembly • HSC Results
Fri 20 Dec	• Last Day Term 4
Sat 21 Dec to Mon 27 Jan	• School Holidays

**The WHS P & C
meets on the
second Tuesday of
every month at
6.30pm**



Year 8

The *Validation of Assessment for learning & Individual Development* (VALID) will be held **between Monday 28 October and Friday 8 November 2019.**

Students need to bring headphones or earbuds that plug into a school computer. Earbuds for an iPod or portable player are suitable.

Transition from School

Year 10 and Year 11 students are invited to meet with Megan from Smart Skilled Hired Woolgoolga every Thursday in the Library from 3.10pm to 3.40pm to discuss ways to help with the transition from school.

Reduce Risk-Increase Student Knowledge (RRISK)

Date: Thursday 7 November

Where: Southern Cross University, Coffs Harbour.

Cost: free.

Students are required to wear full school uniform. Travel will be by bus from Woolgoolga High School.

Musical is coming! Save the date:

Performances start @ 7pm, doors open at 6:30pm

Thursday 28 November

Friday 29 November

Saturday 30 November

Tickets:

\$15 Adults

\$8 Concession and Child

Under 3 Free

\$40 Family - 2 Adults 2 Children

The project started with a day trip to the Moonee Beach Reserve where we were met by a large team of professionals in a variety of fields working with groups of students.

Uncle Mark Flanders started the day off with a welcome to country. He then worked with small groups taking them on a cultural walk of the area explaining many of the significant features of the Moonee Beach Reserve landscape. We even got to try some bush tucker!

Andrew Turbill from National Parks and Wildlife spoke to students about the Shorebirds and their habitat. The students had first-hand experience in what it might feel like as a predator or prey in a blind folded game. The students had a great time playing this and did very well finding their 'prey' or avoiding the 'predator' without the benefit of sight.

The Art Gallery organised artists Sara Bowden, JP Willis and Jo Elliott to be involved with the project and will be Artists in Residence at the school over the next six weeks. Sitting on the Moonee headland, students created artistic responses to birds and habitats, sketched and composed drawings with thick markers, in preparation for their lino carving designs.

We were fortunate to have John Bennett and other members of BirdLife NSW share their knowledge with our students. They looked for Shorebirds, talked about birdwatching, created some poetry and photographed the bird life. Many students had never really been involved in this type of activity and found it rewarding and interesting.

Students were treated to a BBQ lunch compliments of the Gallery and other involved agencies. It was a fantastic day for our students. Many learnt a lot about our local environment and had a great deal of fun with the activities organised for us. Thank you to our Coffs Harbour Regional Gallery for making this opportunity possible.





SUPER SATURDAY



On Saturday 19 October a group of young, enthusiastic Year 6 students gathered to complete set activities as part of the application process for the 2020 Year 7 Excel class.

After a quick word from Mr Guy Wright, the students walked nervously to their first class to begin their specific tasks. The calibre of students was impressive as was their eagerness to be challenged as they participated in their range of events.

While the excel class is an excellent educational setting to begin the journey of high school it was pleasing to receive feedback that parents and students understood the many opportunities here at Woolgoolga high for students who are willing to take a risk and raise their hand even if they are not successful in a 7Red placement.

Many thanks to the amazing teachers and staff who spent precious time devising, implementing and evaluating the activities. Once again my colleagues' generosity in giving their own time to our school and students astound me.

Kim Beedie

Year 7 Excel Class Co-ordinator

Congratulations



Ethan Milligan Webster, in Year 8, won a gold medal in the "No Limits" grade of the 2019 Gold Coast International Open Judo competition held at Palm Beach Queensland recently.

Students gain their First Aid qualification

First Aid is an option studied in the PDHPE 2unit course. Some students opted to undertake additional online learning through Royal Life Saving. They were also required to spend a Sunday during the recent school break to practice some valuable, life saving skills in first aid resulting in certification to provide first aid, provide CPR and provide basic emergency life support.

Congratulations to the nine students we now have qualified in First Aid.

TERM 4 – COMMUNITY PROJECTS



A group of students are volunteering each week this term to our Community Project initiative. This week we visited a much beloved Elder in our community Aunty Ang. Aunty Ang often volunteers her time in our local schools teaching students about local aboriginal culture and language. She is a proud Gumbaynggirr woman who generously has given so much to our community and our students felt that helping her with her lawns, edging and yard work was a positive way of saying thank you. The young men worked hard and completed the jobs with Aunty Ang's thanks. They are now excitedly discussing next week's project.

TEXTILES



Year 7 Tech Mandatory students as their first project, made tote bags which they tie dyed to experiment with fabric decoration and colouring techniques. They enjoyed learning the skills to use sewing machines and other computer technologies to create swing tags.

Mrs Fluechter and Mrs Gordon



Year 9 Textiles have been working on various apparel, non apparel and textile art projects.

The first project was a drawstring bag to hold their practical work in for the year. They revised sewing skills learnt in Year 7 and discovered new skills for the dyeing process. This bag eliminates the need for plastic bags to hold their work, creating an excellent opportunity to discuss environmental sustainability.



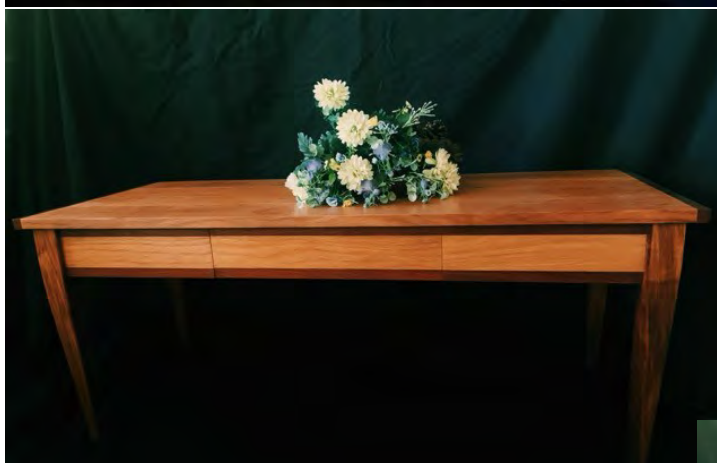
Their second project was a pair of boxer shorts to introduce the use of the overlocker into their skill set. They also completed a folder of supporting documentation to show the development of their shorts, the costing involved and a justification of fabrics and techniques used.

The third completed project was a small bag using many creative and innovative techniques enabling students to show their flair for design.

Students are currently constructing a summer dress or spring jacket to wear with shorts, dresses, jeans or over swimwear. Stay tuned for more photos of their beautiful garments.

Mrs Fluechter and Mrs Gordon

HSC INDUSTRIAL TECHNOLOGY—TIMBER



Pictured left to right:
Erin Dalton,
Kaitlyn Simpson,
Tahli Beringer,
Kody Hynes,
Kaylee Parker,
Izaac Hovermann

Above: Lynzi Fittler,
Right: Coeby Taylor-
Patterson





Congratulations to Isabella and Leilani of Year 10 on the completion of their Korean Beginners (Stage 5) exam. Between the two exams, they completed Listening, Speaking, Reading and Writing components.

Mrs Hart
Single Course Distance
Education Supervisor

UNDER 14's CRICKET



Congratulations for the effort put in by the Woolgoolga High School Under 14s cricket team, playing against South Grafton High School last Thursday at McKettrick Oval.

A warm morning brought superb cricket with notable scoring from Hunter Jefferies and Manveer Singh Clair (WHS) and Jaxon Moran and Jordan Hartmann (SGHS). Best bowling went to Manveer Singh Clair (WHS) 2 for 20 (off 4 overs) and Tim Simpson (SGHS) with 5 for 10 (off 4 overs).

A huge thankyou to Mrs Hart (WHS) and Mr McKee (SGHS) for organising the day and for parents who transported students for this wonderful opportunity. Good luck to South Grafton HS as they proceed into the next round.

YEARS 7 / 8 AFL GALA DAY

On Thursday, 19 September a bunch of eager Year 7 & 8 students participated in the Coffs Harbour AFL Gala Day. Many of the students had not played the game before but were keen and excited. The weather looked cloudy to begin with, but once the sun came out, it was a force to be reckoned with. Plenty of sunscreen was needed!

The Woolgoolga girls combined with an experienced Bellingen HS group, and the first game was a thriller, with Bellgoolga defeating Toormina HS 21-14. The girls were elated with their win and really keen for the next match, again a resounding success with goals to Lily Bartlett and a behind to Emily Bell, defeating Bishop Druitt College 18-7. The next game against St. John Paul College couldn't have been closer. Our Bellgoolga team lost 13-18, resulting in an overall second place finish for the day.

All of the girls played remarkably well with some amazing plays, solid marks, positive attitudes and great commitment. Players' player must go to Tailah Ashfield for her work in the mid-field.



When the girls weren't playing, they were always keen to spectate and were impressed by some stand out players on the boys' team. Notably, a goal for Cooper Cochrane against Bellingen High School, some outstanding tackles from Navrin Connor and Seth Tolhurst, Beau Jefferies for some solid marks in the back line, as well as players' player being awarded to Benny Dove, for always giving 110%.



Our group of boys had a great time at the gala day. Some had played the game before, and some hadn't, but they all gave a great effort to each game.

Whilst we didn't have a win on the day the boys played well as a team and showed great sportsmanship which, when added to becoming more skilful and knowledgeable, meant there was improvement each time they went on the field.

I hope that all the boys have a greater belief in their abilities and will play more of the greatest game in the world - Aussie Rules.

Mr Nickell

'It was a pleasure to coach and organise the day for you all'
Miss Bennett.

THE CLASS OF 2020

Welcome to the final 12 months of high school! This can be an anxious and uncertain time but also an exciting and rewarding time of your life. Make sure that you maintain a balanced approach to health, fitness, family, friends, socialising, work and of course plenty of study. Planning, preparing and practicing exam-style questions throughout the HSC year will be of great benefit.

HSC Assessment Schedule Booklets will soon be distributed to students. They provide the timing and weightings of assessment tasks for each subject. Students will need to sign an assessment task register at least two weeks prior to sitting a HSC assessment task. It is very important that students are organised, know the dates of assessment tasks and prepare for each task.

Students were issued with a HSC Rules and Procedures **NESA Booklet**. It provides information about completing their HSC exams including obeying HSC All My Own Work, qualifying for a HSC, bringing the correct equipment, following exam room procedures and understanding misadventures.

School reports for the Preliminary courses are scheduled to be handed out on Friday 15 November. This will provide a clear indication of their result in the Preliminary yearly exams, rank and also their overall assessment rank in each subject.

Subjects cannot be dropped until all requirements of the Preliminary courses have been met. After receiving reports, some students may choose to reduce their academic workload by unenrolling in a subject. Subject changes need to be completed by Mr Oates. Many students will choose to maintain at least 12 units into the HSC, which will enable a greater diversity of options in courses and units that could be included in determining their ATAR.

As another form of communication a **Google Classroom** has been set-up. The code is 5uzyh10 (the last characters are lower case L and then the number zero). This may assist students, parents and caregivers to have input into the final year of school and can also get information as needed. You will also need to upload a baby photo to the classroom for your final Year 12 assembly next year.

Reduce Risk - Increase Student Knowledge (RRISK) is on Thursday 7 November at Southern Cross University, Coffs Harbour. The cost is free. Students are required to wear full school uniform. Travel will be by bus from Woolgoolga High School. RRISK is a health promotion initiative that addresses risk-taking behaviour amongst Year 11 students. Adolescent risk taking associated with alcohol, drugs, driving and celebrating results in unacceptably high levels of injury and trauma. The program assists to develop knowledge, attitudes and skills to encourage safe risk taking behaviour. RRISK is a compulsory activity in the senior curriculum for Year 11 students. Students will regularly say that they do not know what to do at home or how to study. Here's some ideas that could help.

- Set-up a study space that reduces distractions (no mobile phone).
- Develop a study timetable that allocates time to each subject throughout the week.
- Use a wall planner.
- Pre-read the recommended textbooks.
- Watch Atomi videos.
- Regularly read over course notes.
- Create summaries for each subject (which could be dot points, flash cards, graphic organisers, posters or audio recordings).
- Submit draft responses.
- Complete more exam-style questions.

The **Academic Achievement Centre** is available for students on Tuesday mornings, Wednesday during sport time and after school on Thursdays. Members of staff are present to assist students with their school work and assignments.

Students should have collected a **Staying on Track** note. It is very important that students organise a Staying on Track teacher so that you can get a personalised school reference next year. This is an awesome wellbeing initiative that will assist students to maximise results in the HSC.

There are always lots of commitments in the last year of school. Allocate as much time as you can towards your study. I haven't ever heard anyone say they wish they had studied less. If you put the time and effort into your school work, you will reap the rewards of higher results. This will almost certainly lead to a better quality of life into the future. Enjoy the year ahead!

Robert Pursch
Science Teacher
Year 12 Adviser 2020
Woolgoolga High School 02 6654 1500
robert.pursch1@det.nsw.edu.au

WOOLGOOLGA HIGH SCHOOL'S PARTNERSHIP WITH ATOMI CONTINUES DUE TO PAST SUCCESS

WHS is committed to providing the best possible learning environment to foster student success. A critical step in creating this experience is equipping both staff and students with the right tools to support learning, both at school and at home. By using the latest innovations in technology we are able to encourage greater academic success for all students.

What is Atomi?

Atomi is one of Australia's leading HSC resource providers. Atomi produces thousands of syllabus specific HSC videos and resources aimed at increasing the academic performance of HSC students across New South Wales.

Atomi works closely with a number of schools to help teachers and students achieve more by increasing teaching flexibility and extending learning beyond the classroom.

What does the partnership involve?

Videos and quizzes may be used in the classroom as a teaching support resource or be issued outside of the classroom to increase support for students anywhere, anytime. Upon the success of the trial WHS may look to implement HSC Hub as an ongoing resource.

What are the benefits of this partnership?

This partnership is aimed at creating value for both the school and each individual student.

- **Increased results** - at the core, Atomi is designed to work alongside staff to increase academic performance, providing students the tools to achieve the best possible results.
- **Unlimited access** - each Year 12 student will receive complete access to 1000's of premium curriculum aligned videos designed for HSC success. Access to Atomi is via the student email. Students can ask individual teachers to set up their 'Atomi classroom' for each subject.
- **Increased support** – Atomi is available to students 24/7 on all devices. This means students will receive support beyond the classroom at times when teachers are not accessible.
- **Better learning** - staff members are able to teach more effectively with Atomi resources by issuing videos and quizzes for homework and receiving data on individual student use and progress. This facilitates deeper learning and better HSC preparation.



Behavioural Interventions and Water Stations in Regional Secondary Schools

Our school has agreed to participate in a research study which is exploring ways to promote and increase water consumption and decrease sugar sweetened beverage consumption in Year 7 students.

We know that childhood overweight and obesity is a significant problem and has negative health effects on children both in the short and long-term. We also know that consuming sugary drinks such as soft drink, sports drinks, energy drinks and juices contributes to this. Therefore, this is an important study to determine how we can encourage children to drink more water.

We will be inviting all Year 7 students to participate in a survey. This will allow us to determine which factors are most important in promoting water as a preferred drink. The surveys will be completed in your child's PDHPE class time and will take about 10 minutes.



Education

Dear Year 8 Parent or Carer

The *Validation of Assessment for learning & Individual Development* (VALID) test for Year 8 students will be held between Monday 28 October and Friday 8 November 2019. The test takes approximately 70 minutes. The *VALID Science 8* test is an interactive, multimedia test completed entirely on a computer.

VALID Science 8 contains multiple choice, short response and extended response tasks that are grouped around real-world issues, including scientific investigations. This is a diagnostic test, with tasks framed on Stage 4 outcomes and essential content in the *NSW Science Years K-10 Syllabus*. Students will be tested on their:

- knowledge and understanding of science
- understanding and skills in the process of scientific investigation
- ability to evaluate evidence, make judgements and think critically
- ability to access information and communicate scientific ideas.

Students also complete a survey about their opinions, attitudes and values about science.

Since students complete *VALID Science 8* on a computer, each student needs to bring **headphones or earbuds** that plug into a school computer. Earbuds for an iPod or portable player are suitable.

If your child has a disability that needs special consideration or has been educated in English for less than one year, please contact your child's school to discuss special provisions or possible exemption from the test.

Results of the test will be available during Term 1 2020. Information about each student is treated confidentially and held securely to ensure that the right to privacy of all students is maintained. A personal report for each student will be sent to parents/carers to describe the science knowledge and skills demonstrated by the student in the test. There will also be information about how your child's results compare with overall performance of all students in the test.

The principal of your child's school is able to provide you with more details about the VALID program if you require additional information.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Jenny Donovan', with a stylized, flowing script.

Jenny Donovan

Executive Director, Centre for Education Statistics and Evaluation

Department of Education

Community Notices

TUNING INTO TEENS

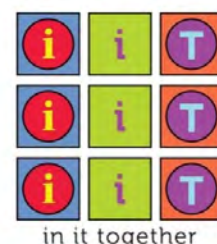
LEVEL UP YOUR
TEEN-NURTURING SKILLS
FOR SUMMER AND BEYOND
START FRESH!

3 Monday evening sessions
18th November to 2nd December
5.30pm to 8.00pm
Coffs Harbour(venue TBA)
To register call: (02) 5632 4021
or email: iit@midcc.org.au

**The fact that you strive to be a good
parent means
you already are one.**



MID COAST
COMMUNITIES
Where *everyone* belongs!



**Woolgoolga
High School
Silver Awards
are sponsored by:**

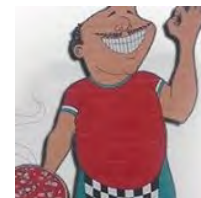
Years 7, 8, 9 receive vouchers from

McDonalds Restaurants
Pacific Highway Coffs Harbour



Years 10, 11, 12 receive vouchers from

Woolgoolga Pizza Place
Beach Street Woolgoolga Phone 6654 2744



Riptide Pizzeria
Fawcett Street Woolgoolga Phone: 6654 8989



Rotary
ROTARY AUCTION

First Saturday of month (except Jan), at Rotary shed behind CWA

inspection from 10am; auction starts 1pm

WEBSITE: woolgoolgarotaryclub.org.au FACEBOOK: www.facebook.com/rotaryclubofwoolgoolga

Monster auction held at the Rotary compound and shed **behind the Woolgoolga CWA building** (beside the Diggers RSL club) on the first Saturday of every month (except January).

A significant portion of the funds raised goes to **supporting programs for local school students.**

Smaller items will be on sale from 10am, with the **larger items to be auctioned off from 1pm.**

A big thank you to each of the members of our community who have donated goods. If you have items for pickup, call Dick Matthews on 6654 1828.

Wanted : Homestay Hosts

We are looking for caring families and individuals to provide a wonderful home away from home for international students attending Woolgoolga High School.

Must be able to provide meals and a Working With Children Check.

Hosts receive \$285 per week for a single room. Short (1 term) to long (4 terms) stays are available.

Apply online at www.staydownunder.com.au

For further information contact Stay DownUnder on **(02) 8901 4499**

Or school co-ordinator Mrs Megan Hart **(02 6654 1500)**



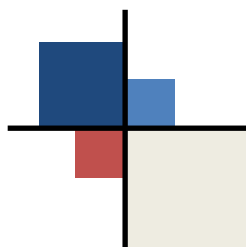
Parent Online Payment (POP)

Available At Woolgoolga High School

A secure Westpac banking facility has now been added to the Woolgoolga High School website to allow parents/carers to make online Visa or Mastercard credit or debit card payments for things like voluntary school contributions, excursions, sporting activities or sales to students.

To make a payment click on the link and go the "Make a Payment" tab: <http://www.woolgoolga-h.schools.nsw.edu.au/>

We hope you will find this payment option convenient. Payments can still be made at the Woolgoolga High School Office by cash, cheque or EFTPOS before school and during break 1.



WOOPI HIGH CANTEN

fresh food daily

Volunteering in the canteen is a great way to give back and the students always love seeing their family members helping out. We are flexible with days and hours as any help is always appreciated. Ring the school on 6654 1500 to speak to one of the canteen team.

To view the menu and price list click [here](#)