

Woolgoolga High School

Newsletter

Issue 17 · 3rd November 2022



TOMORROW MAN AND TOMORROW WOMAN

Woolgoolga High School was pleased to host Tomorrow Woman and Tomorrow Man interactive workshops on Thursday 27th and Friday 28th of October for year 10 and 11 students. These successful wellbeing workshops have been implemented at WHS in the last 3 years with Tomorrow Man in year 10.

In these workshops, students explore how societal expectations and stigma's effect how we think, feel, look, and act. Aspects of mental health, sense of self, and goal setting were also discussed. Unrealistic beauty standards, the dominance of images on social media, fear of judgement, and societal conditioning for caring roles were discussed in the girl's talk.

The boys discussed masculine expectations such as: looks, 'being tough', not showing emotion, the ability to talk about feelings and the ability to ask for help. These subjects were highlighted with statistics on the current mental health and suicide rates of men. Whilst mental health and negative experiences are challenging to talk about, the talented and engaging presenters encouraged the students to share and by doing so, they discovered there was a lot of common ground in how societal expectations affect us. The students enjoyed the experience and commented that it was helpful on their journey to be confident, authentic, young adults.



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From the Principal's Desk

"I was very proud of how well these young women spoke in this challenging situation. Our future is in good hands."

On Friday evening, Mr Nickell (Year 11 Advisor) and I had the pleasure of attending the ZONTA 25th Anniversary Dinner celebrating the Young Women in Public Affairs award. Woolgoolga High School had three finalists – Brydi Custance, Rianna Binning and Emma Williams. All finalists were invited to give a brief address regarding something they are passionate about. Rianna spoke about the challenges she has faced due to her culture and how she supports younger members of her community to understand and be proud of their culture. Brydi spoke about the importance of sport and how too many girls give up sport in the teenage years. She works to encourage girls to keep involved in sport. Emma spoke about the challenges faced by young women in pursuing a career in sport, especially in her chosen sport of rugby league. All finalists received a certificate and a rose. Emma was given an honourable mention. I was very proud of how well these young women spoke in this challenging situation. Our future is in good hands.

This week at assembly, the Deputy Principals spoke to Years 7 to 10 about racism. Unfortunately this problem still exists in our society and some students bring this into the school. Students who are racist towards others face disciplinary action and repeat offenders will be suspended. We have a wonderfully diverse school community and all students should feel safe and valued.

The HSC exams wind up this week. Many Year 12s have come to sign out and they look relieved and happy. I am looking forward to helping them celebrate at their Graduation Assembly and Formal dinner on Tuesday next week. Years 10 and 11 plus siblings of graduates will be in attendance at the assembly and it will be our new captains' first official duty.

Lu Nickell

Relieving Principal



From left Year 11's Emma Williams, Rianna Binning and Brydi Custance attending the ZONTA 25th Anniversary Dinner Celebrating young woman in public affairs

COMING EVENTS

Wed 12 Oct to Mon 7 Nov	HSC exams
Mon 24 Oct to Fri 4 Nov	Year 8 VALID test window
Fri 4 Nov	Year 7 vaccinations
Tue 8 Nov	Year 12 Presentation Assembly
Tue 8 Nov	Year 12 Formal
Mon 28 Nov to Fri 9 Dec	Year 10 Work Experience
Thurs 24 Nov	SMILE Luncheon
Tue 29 Nov	Year 6 Orientation Day
Tue 13 Dec	Annual Presentation Assembly
Fri 16 Dec	Last day for students
Mon 19 Dec	Staff Development Day
Tue 20 Dec	Staff Development Day
Fri 27 Jan 2023	Staff Development Day
Mon 30 Jan 2023	Staff Development Day
Tues 31 Jan 2023	Year 7, 11 & 12 Return to School
Wed 1st Feb 2023	Year 8, 9 & 10 Return to School

P&C

Outcomes from the Woolgoolga High School P&C Meeting held on Tuesday 11 October:

- The school Uniform Shop will be open on Year 6 Orientation Day on Tuesday 29 November
- Our electronic school sign at the front of the school is now fully operational
- Security cameras are being set up around the school
- The P&C Committee will continue funding its regular designated awards at end of year school assemblies
- The last day of school for students is now Friday 16 December (Week 10) instead of Monday 19 December
- More school canteen volunteers are needed
- Canteen prices will be rising around Week 3 due to product price increases

The next P&C Meeting will be held on Wednesday 9 November at 6.30pm in the staff Common Room. All parents and carers are welcome to attend. It is a great opportunity to meet with school staff and become involved in what is happening around our school.

YEAR 12 ASSEMBLY

Letters have been sent out to invite Year 12 parents and the Year 11 parents whose children will be School Captains and Vice Captains in 2023 to our Year 12 Presentation Assembly. Our Year 12 Assembly is on Tuesday 8 November 2022 and starts at 9:30am. Parents are advised to arrive earlier to be seated at 9:15am. It is followed by a morning tea at approximately 11:30am. Students are required to attend school in full school uniform from 8:55am, to participate in the ceremony. The Year 12 Formal Dinner will take place that evening at Pacific Bay Resort.

A NIGHT WITH THE FOLKS OF WOOLGOOLGA

Last Thursday night Woolgoolga High School hosted an engaging and impactful workshop exploring the impact of gender stereotypes on our young people and those around them, and the value of deepening connection between families.

As Parents, Carers or Guardians they learnt some key tools, mindsets, and strategies to support your young person on their journey to adulthood. Expert facilitators from Tomorrow Man + Tomorrow Woman shared their experiences and learnings from working with teenagers for more than 15 years.

Parents were provided with the opportunity to learn to develop, and foster engaging conversations with your young person about how they can be authentic, honest and proud to be themselves.

A Night with the Folks of Woolgoolga was for parents and carers of children + teenagers at Woolgoolga High School.



COMMUNITY AND FAMILY STUDIES

Last week Year 10 Child Studies students contributed to the Mums and Bubs Program facilitated by Woolgoolga Tennis Club. Our students created activities and games for children to participate in while Mums engaged in tennis coaching lessons. Our students loved the opportunity to work with the children. This will run weekly with Year 9 Child Studies students participating in Week B.



Tell them from me - Student & Parent Surveys

All students have been completing the *Tell Them From Me* survey this week. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help them improve. This survey will help our school better understand how to improve student wellbeing and engagement and help the school identify how to improve student outcomes. We are also inviting all parents/carers to complete the *Tell Them From Me* survey. This survey does take time but the information from parents/students/staff is very valuable. The survey covers parents' perceptions of their children's experiences at home and school, as well as the extent to which parents feel the school supports learning and positive behaviour and promotes a safe and inclusive environment.

We would really appreciate if you could complete this survey by clicking on this link <http://nsw.tellthemfromme.com/woopihs>.

Rheanna Blanshard
Head Teacher PDHPE (Relieving)

| NSW Department of Education

Every Day Counts

A day here or there
doesn't seem like
much but absences
add up.

2 Days = 4 Weeks

Each month Per school year
This lost learning puts your child
educationally at risk.

Student attendance at school has a dramatic impact
on academic achievement, social and emotional
wellbeing for individual students.
Quality student attendance results are most likely
to be achieved when schools and families work in
partnership to support every student.

- ✓ Above 95%
Expected Attendance
- 90%-95%
Minimum Standard
- ✗ Below 90%
Educationally at Risk

Let's support attendance in
our students together.
education.nsw.gov.au



Year 8 School Attendance

Year 8 students with rates of attendance just below our target benchmark of 90% (80-90% attendance rate currently) have been completing a survey at school this week to provide us with some insight into how our school can support slight increases in student attendance. Our school has been undertaking several initiatives this year to improve student attendance.

COVID-19 UPDATE

In line with NSW Health advice, students are no longer required to isolate if they test positive to COVID 19. However, anyone who is sick/displaying symptoms can't attend school.

Students, staff and visitors should only attend school when symptom free. We have a large supply of Rapid Antigen Test kits so please ask your child to collect some from the front office if you need them.

[https://education.nsw.gov.au/covid-19/advice-for-families?](https://education.nsw.gov.au/covid-19/advice-for-families?fbclid=IwAR09W3_Prov87EmtP3V_X10DD5sFkyjS4UCopbZ8fR91zzEWjXdftx83Q9g#TermO)
[fbclid=IwAR09W3_Prov87EmtP3V_X10DD5sFkyjS4UCopbZ8fR91zzEWjXdftx83Q9g#TermO](https://education.nsw.gov.au/covid-19/advice-for-families?fbclid=IwAR09W3_Prov87EmtP3V_X10DD5sFkyjS4UCopbZ8fR91zzEWjXdftx83Q9g#TermO)

Year 12 Students leaving NSW DoE Schools

When a school marks a student as a Leaver in ERN - they'll have 180 days before they lose access to:

- Their school email account (Gmail)
- Their Google Drive contents
- Any Google Classrooms they were joined to
- Their Microsoft OneDrive contents
- Any Microsoft Teams they were a member of
- Any Adobe Creative Cloud apps they use
-

So if they have finished year 12, or they are a younger student that is leaving public education in a NSW school, they have 180 days to check all their content/files in these school-provided services and download anything that they need to keep. There is no need to delete what they do not wish to keep. Anything left in their cloud repositories after the 180 days will no longer be accessible to them. As the year draws to a close, please share this information with all affected students!!

Use of electronic devices at school



A reminder that our 'Phone Free School' rules continue at Woolgoolga High School.

If you choose to bring a phone to school, it must be "powered off" and placed in your Yondr pouch upon entering the school grounds (not once the bell goes). EarPods and smart watches must NOT BE USED/connected. ALL students MUST carry their Yondr pouch and use it if they bring their phone to school. If you do not bring a phone, you still must leave your Yondr pouch in your bag.

School staff have been undertaking checks recently to make sure that each student has a Yondr pouch and is using it, where appropriate. If you do not have a pouch any longer you must see your Deputy Principal to be issued another one. Replacement pouches cost \$10.

NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Build friendships



Develop life skills

education.nsw.gov.au



Student Wellbeing Hub



Parents and carers, we all know social media is a big part of life for teenagers and it comes with some potentially significant risks.

But did you know about the benefits?

Check out this article from Raising Children Network, which also explains how to manage social media risks and set up guidelines with your teenager.

<https://studentwellbeinghub.edu.au/.../social-networking.../>

JOB VACANCIES

Please visit the [Woolgoolga High School Careers website](#) to obtain further information about these new jobs.

Click on Workplace Learning then Vacancies & Opportunities. (Please scroll down on the left to see all vacancies)

Apprenticeships/Traineeships

- ◇ Window Fabrication Trainee at All view Windows and Doors, Coffs Harbour
- ◇ Apprentice Carpenter at Jayeco Constructions, Coffs Harbour
- ◇ Carpentry Apprenticeship with HIA Apprentices, Coffs Harbour
- ◇ Roof Plumbing Apprenticeship with HIA Apprentices, Coffs Harbour
- ◇ Apprenticeship in Refrigeration & Air Conditioning with HIA Apprentices, Coffs Harbour
- ◇ Apprentice Carpenter at Hi-Glaze Contractors, Coffs Harbour
- ◇ Apprentice Chefs at Bonville Golf Resort
- ◇ Sheet Metal Fabrication Apprenticeships at Faircloth & Reynolds, Coffs Harbour (2023)(Yr 10)
- ◇ Refrigeration & Air Conditioning Apprenticeships at Faircloth & Reynolds, Coffs Harbour (2023) (Yr 10)
- ◇ Electrical Apprenticeships at Faircloth & Reynolds, Coffs Harbour (2023) (Yr 12)
- ◇ 2023 NSW Government Infrastructure Traineeships at Coffs Harbour (Yr 12)
- ◇ Claims Administration Traineeship with HVTC at Coffs Harbour
- ◇ Apprentice Carpenter at CIRCL, Coffs Harbour
- ◇ Light Vehicle Mechanic Apprenticeship at Coffs Harbour
- ◇ Trainee Receptionists/Administration Officers at Chandler Macleod, Coffs Harbour
- ◇ Part-time Trainee Educator at Milestones Early Learning North Boambee

Fulltime/ Part time work

- ◇ Junior Office Assistant at DRA Architects, Coffs Harbour (p/time)
- ◇ Junior Claims Administrator at Hello Claims, Coffs Harbour (f/time)
- ◇ Kitchenhands at Bonville Golf Resort
- ◇ Front of House Casual Event Staff at Jetty Beach House, Coffs Harbour
- ◇ Café Allrounder at Oliver's, Coffs Harbour
- ◇ Apprentice or staff at Brooklyn's Burger Bar Espresso, Park Beach Plaza · Juniors at Old Mate's Burgers, Coffs Harbour
- * Wait Staff at Cex Woolgoolga
- * Christmas Casuals at City Chic, Park Beach Plaza

CAREERS

New Careers & Transition assembly awards

Our school's Careers faculty has created 3 new 'Careers & Transition Awards' which will be presented to three of our students at this year's upcoming end of year assemblies. The new 'Stage 5&6 EPP Careers Immersion Award' is being funded by the school's Educational Pathways Program (EPP) and will be presented at the Year 12 Graduation Assembly on Tuesday 8 November. A new 'SBAT of the Year Excellence Award' will also be presented to a successful School Based Apprentice or Trainee (SBAT) student at the Year 12 Graduation Assembly.

At the school's Annual Presentation Assembly for Year 7 to 11 students on Tuesday 13 December a 'Stage 5 New SBAT Excellence Award' will be presented to a successful student. Thankyou to the school's Careers faculty and the Educational Pathways Program for establishing these new awards to acknowledge the vocational education and training (VET) pathways being undertaken by students at our school.

CAREERS

TAFE YES+ Program

Students participating in the TAFE YES + program have been enjoying getting a 'taste' of various TAFE courses following the commencement of the program last week.

TAFE NSW's Youth Engagement Strategy Plus (YES+) helps students aged 15 to 17 identify potential career pathways through vocational tasters in a wide range of industries, delivered at a local TAFE NSW campus. The YES+ initiative gets students out of the school setting and into TAFE-style learning, with students attending a TAFE NSW campus one day. This program will go through until week 8 this term.



Ethan Milligan Webster (Yr 11) and Kaleb Hart (Yr 10) participating in the 'Introduction to Game Design' course last Friday Per week over 6-10 weeks.



Upcoming Careers events/webinars

- ⇒ **Week 3 to Week 8:** YES+ Program at Coffs Harbour TAFE
- ⇒ **Tues 8th Nov 5pm:** SBAT Information Evening at Grafton District Services Club
- ⇒ **Wed 9th Nov 6pm:** UAC Digital Let's Chat-The Schools Recommendation Scheme, course preferences and offers
<https://uacdigital.easywebinar.live/registration-lets-chat-the-schools-recommendation-scheme-course-preferences-and-offers>
- ⇒ **Wed 9th Nov 7.30pm—9pm:** The many Career Pathways Webinar.
<https://www.eventbrite.com.au/e/the-many-career-pathways-tickets-433417061097>
- ⇒ **Fri 11 Nov:** SRS Round 1 offers released
- ⇒ **Tues 15 Nov:** White Card Course
- ⇒ **Tues 15 Nov-5pm to 8pm:** Australian Institute Of Fitness (AIF) Virtual Open Day
<https://enquire.fitness.edu.au/open-day>
- ⇒ **Wed 16th Nov:** Year 10 Careers Pathways presentation

CAREERS

Year 10 Work Experience

Year 10 students have been instructed in their weekly Careers classes to begin planning for Work Experience in Week 8 (Monday 29 November-Friday 2 December) and Week 9 (Monday 5 December-Friday 9 December) of this term. Work Experience paperwork has been made available for students to take as they plan to contact potential employers. To build student communication skills it is extremely beneficial if students can make phone calls/contact with employers themselves. We recommend Year 10 students begin this process now to secure their work placements later this term. The Year 10 work experience paperwork can be collected from the front of the Library desk and is also available via the Woolgoolga High School Careers website at <https://woolgoolgahighcareers.com/> under Workplace Learning, Required Documents.

Careers Adviser
Ms Hansen

CONSTRUCTION WHITE CARD COURSE

Upcoming White Card Course at WHS on Tuesday 15/11/22.

Students will receive training at school to gain this certificate. Students must see Miss Hansen with their USI before payment to confirm their spot.

Limited spots available. Priority for Year Ten students in preparation for the upcoming work experience block. Cost \$60.00

Students who do not have a USI can register via the following link <https://www.usi.gov.au/>. This needs to be done at home as identification is required to successfully register or students need to bring in evidence of their Medicare details to complete registration at school.



Year 10 student Jemimah Friend undertaking work experience at Greg Hennessey Smash Repairs at Woolgoolga earlier this year.



Congratulations to Woolgoolga High School Year 10 student Ella Floyd who has secured a fulltime Plumbing Apprenticeship with Joel Street Plumbing at Coffs Harbour after undertaking work experience with Reece Plumbing at Coffs Harbour, and Joel Street Plumbing during Term 3. Ella's participation in the school's Year 10 work experience program and the school's Educational Pathways Program including the Edge Workshop and TAFE YES+ program helped Ella obtain work confidence and choose her career pathway. Thank you to our Careers faculty and Educational Pathways Program staff for all their assistance with Ella's transition from school to her new apprenticeship!

Community Notices

L

GET LICENCED GET LEGAL

Fee Free 30 hours of support to get your learners licence
Delivered across multiple locations in NSW

*You must be of legal eligible age to take the Driver Knowledge Test

L

READY TO BE DEADLY?

CLICK HERE TO EXPRESS YOUR INTEREST

SCAN HERE TO REGISTER YOUR INTEREST



COURSES AT

COFFS HARBOUR EDUCATION CAMPUS

CALL JOHN-PAUL HOPE

TO ENROL TODAY

02 6659 3149

CONTACT US 131 601 TAFENSW.EDU.AU/ABORIGINAL

RTO 90003 Terms and conditions may apply.
Information is correct at time of printing: January 2022





Business & Hospitality Industry Taster Program

***FEE FREE - CSO5555**

Course description:

The short industry taster program will give you an introduction into the skills and knowledge to work in the local Business Administration, Retail and Hospitality industries.

This course also provides:

Excursions to local industry businesses to network and gain insight into their requirements for employment.

Course outcomes include:

- Barista skills
- Digital Literacy skills
- Customer Service Skills
- Resume/Cover Letter writing
- Excursions to local businesses

How to get involved:

Contact John-Paul Hope, Coffs Harbour, on 0266593149 or email johnpaul.hope@tafensw.edu.au

- This training is subsidised by the NSW Government

LOCATION

TAFE NSW Coffs Harbour Education Campus
363 Hogbin Drive

DURATION

2 days per week for 3 weeks

DAYS

Thursdays and Fridays

START DATE

17th November - 2nd of December 2022

HOURS

9:30am – 3:00pm each day

RTO 90003. This document is correct at the time of printing: August 2022. *Terms and conditions may apply.

tafensw.edu.au
131 601



Donations of School—Greatly Appreciated



School clothes

Leaving Year 12 students and Year 10 students moving into senior years please consider donating your uniforms to the clothing pool. Sports shorts and junior polo shirts in good condition which are no longer needed will also be gratefully accepted at the front office to replenish our stock.

Community Notices

NSW Department of Education

Attention Year 10

Have you considered a School Based Apprenticeship or Traineeship Pathway?



Find out about this Year 11 and 12 pathway that combines paid work, an industry qualification and the HSC

Hear from employers, parents and students who have completed an SbAT
Meet local employers interested in employing an SbAT
Find out how to take the next step

Where: Grafton District Services Club, 105-107 Mary St, Grafton

When: Tuesday 8th November 2023

Time: 5.30pm to 6.30pm (tea & coffee from 5pm)

RSVP: Students parents/carers please scan the QR code to register

This event is a collaboration across school sectors to support students from all secondary schools in the Grafton region.



Regional Industry Education Partnerships (RIEP)

Jill McCall

jill.mccall@det.nsw.edu.au or 0436 846 104



Thank you to all our teachers at Woolgoolga High School for everything you do for our students, their families, fellow staff and our school!!!

School Travel — Term 4 2022

2023 school travel applications are now open

Applications for student travel in 2023 open from **Monday 10 October 2022**.

Students who need a School Opal card or travel pass for 2023 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

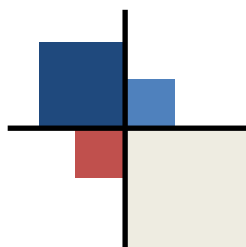
Parent Online Payment (POP)

Available At Woolgoolga High School

A secure Westpac banking facility has now been added to the Woolgoolga High School website to allow parents/carers to make online Visa or Mastercard credit or debit card payments for things like voluntary school contributions, excursions, sporting activities or sales to students.

To make a payment click on the link and go the "Make a Payment" tab: <http://www.woolgoolga-h.schools.nsw.edu.au/>

We hope you will find this payment option convenient. Payments can still be made at the Woolgoolga High School Office by cash, cheque or EFTPOS before school and during break 1.



WOOPI HIGH CANTEN

fresh food daily

Volunteering in the canteen is a great way to give back and the students always love seeing their family members helping out. We are flexible with days and hours as any help is always appreciated. Ring the school on 6654 1500 to speak to one of the canteen team.

To view the menu and price list click [here](#)